



Using MAP-IT to “Assess” for Healthy People 2020

Thank you for taking the "Using MAP-IT to ‘Assess’ for Healthy People 2020” continuing education course. Part of the requirements is that you take a test and complete an evaluation of the course. Please answer the questions on the following pages. There are 10 multiple choices and open ended response questions valued varying point values (points are given at the end of each question totaling 48 points). To receive the certificate of completion for credit you must pass with at least 70% (34 through 48 points). If you have questions please contact Jim Grizzell at jim@healthedpartners.org.

Scoring and Submitting Answers

Your total score is calculated as you answer questions and is shown for you to check as you take the 8th page. Text answers will be reviewed to insure they related to the question. Instructions for submitting your answers are on that page also (submitting depends on the email program you use).

Contact and Certification/License Information

Please provide contact information. **First and last names** and **email address** are required. These, at least, are needed for your certificate and emailing it to you.



First Name:* _____
Last Name:* _____
 Address: _____
 Address 2: _____
 City/Town: _____
 State: _____
 ZIP Code: _____
 Country: _____
Email Address:* _____
 Phone Number: _____

Provide the name or names of your certification, registration or, license name and number. This will be used on your certificate of passing the course. Example: MCHES 2670

Certification, registration or license name and number: _____
 Certification, registration or license name and number: _____
 Certification, registration or license name and number: _____

Test Questions

1. The Community Tool Box (CTB) chapter 1 described its conceptual framework or model for building healthier communities has a dynamic and iterative process with which of these phases or broad competencies (6 points, 1 for each correct, -1 for each incorrect).
 - . A. Understanding Community Context
 - . B. Collaborative Planning
 - . C. Developing Leadership and Enhancing Participation
 - . D. Community Action and Intervention
 - . E. Understanding health status
 - . F. Addressing the determinants of health
 - . G. Reducing health disparities
 - . H. Evaluating Community Initiatives
 - . I. Increase quality and years of healthy life
 - . J. Promoting and sustaining the initiative
 - . K. Giving information to individuals to make them change behavior

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2. According to Healthy People 2020's Funding Resources web page what are tasks to do to make the case for funding? Check all that apply. (5 points)
- . A. Get the data. Use Healthy People as a data source
 - . B. Compare your city or State to national baseline data in Healthy People
 - . C. Tie your local health promotion efforts to a national public health movement
 - . D. Identify new stakeholders and partners
 - . E. Ask for a range of dollars for funding
 - . F. Plan a strong public health program

3. The **Assess** web page box "**Healthy People 2020 Tools**" has a "**Brainstorm: Community Assets**" pdf file listing potential assets in a community. It lists individuals, organizations, private and nonprofit organizations, public institutions and services, physical resources, and informal organizations and "intangibles." What are a few assets in the community in which you live or work? (5 points)




4. According to the SAMHSA Too Smart to Start Implementation Guide completing a comprehensive needs assessment requires the assessors to do which of these? (5 points, 1 point for each correct and -1 point for each incorrect response)
- . A. Identify the goals of the needs assessment
 - . B. Conduct a review of past and current prevention programs and activities
 - . C. Identify existing community resources
 - . D. Conduct primary and secondary research
 - . E. Gather key information from and about the target audience(s)
 - . F. Synthesize and analyze all assembled data
5. CTB's Chapter 1, Section 3 describes a **Work Group Logic Model: Our theory of Change**. What are the five basic parts of the model? Check the five that apply. (5 points)
- . A. Community context and planning
 - . B. Administrative, educational, epidemiological and social assessments
 - . C. Community action and intervention
 - . D. Implementation
 - . E. Community and system change
 - . F. Risk and protective factors and widespread behavior change
 - . G. Improving more distant outcomes (long-term goals)
6. According to CTB's Chapter 3 Assessing Community Needs and Resources Section 1 Developing a Plan for Identifying Local Needs and Resources there are how many steps are described? (1 point)
- . A. 5
 - . B. 7
 - . C. 10
 - . D. 15



7. Of Chapter 3 Assessing Community Needs and Resources Sections 2, 3, 4 and 5 (each required reading) select one and state which and briefly describe what was significant for your work and/or how might you use what you learned from that section? (5 points)



8. For the sections 6 through 19 in Chapter 3 Assessing Community Needs and Resources what was one of the sections (6 through 19) you read/studied? What was significant for your work and/or how might you use what you learned? (5 points)



9. CTB's Chapter 17 Section 1. An Introduction to the Problem Solving Process describes steps of the process. What are those steps? (6 points, 1 for each correct, -1 for each incorrect response)

- . A. Developing trust
- . B. Developing facilitation skills
- . C. Running effective meetings
- . D. Developing recorder skills
- . E. Creating a collaborative environment
- . F. Defining and analyzing the problem
- . G. Generating and choosing solutions
- . H. Putting your solution into practice

10. Of the other four Chapter 17 sections (2. Thinking Critically, 3. Defining and Analyzing the Problem, 4. Analyzing Root Causes of Problem, 5. Addressing Social Determinants of Health and Development) which one was more interesting or most applicable to your interests and work? State which one and how/why is it significant to you. (5 points)



Please continue to next pages for the evaluation, your score and test submission instructions.



Course Evaluation

Please evaluate this distance learning / self-study course.

	Strongly agree	Agree	No opinion	Disagree	Strongly disagree
Overall, I would rate this learning activity positively					
The learning activity effectively targeted my needs					
The activity was appropriate for my knowledge/skill level					
The format (e.g., readings, audio) of the course was effective					
Diversity issues could be addressed appropriately with course content.					
The activity met my expectations					
Learning the content will positively impact how I work.					
I would recommend this activity to a colleague					

How well did the course meet the learning objectives for each major section of the course?

Objectives (summarized for each section)	Extremely well met	Very well met	Adequately met	Not very well met	Not at all met
Orientation to "Implementing HP2020: List contents of Implementing, define framework, describe making a case for funding					
Orientation to Assessing: assess needs and resource, leading stakeholders and a coalition					
Orientation to Community Tool Box & MAP-IT: Describe the Toolbox, planning model, principles, assumptions, values					
Chapter 1: Describe community change, types of community and organization					
Chapter 3: Develop a plan, understand and describe a community, collecting information, analyzing problems					
Chapter 17: Describe the problem solving process, critical thinking, root causes of problems					



How might this course have changed the way you practice health education, health promotion or wellness services so they may have improved outcomes. How will you be a more effective?

Please give comments and suggestions to improve the course.

Please go to next page for your score and instructions for submitting test responses.



Thank you for completing the test.

Here is your total score (you can return to the questions and change answers):

Be sure to save this file with answers to your computer and remember which folder or directory you placed it. **Now** you will need to **submit/send** your answers to get credit for successfully passing the course.

“**SUBMIT**” or **Send Test Instructions** – **It depends on your email program.** If you use Microsoft Outlook as your email program the form data should be sent automatically when you click the “Submit” button. If, however, you use another email program such as gmail, yahoo, aol or comcast you will email this saved file as an attachment to an email to ce@healthedpartners.org. If you have your email set up to is Microsoft Outlook here is a dialogue box to look for immediately after clicking the submit button that should be in the upper right corner of the window where the test is open.



If you have any questions or would like to provide comments please send them or call me using the contact information below. Feel free to ask questions or get additional help from me.

Jim Grizzell, MBA, MA, MCHES, ACSM-HFS, FACHA



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Correct answers are on the next page.

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Correct Answers

1. A, B, C, D, H, J (6 points)
2. A, B, C, D, F (5 points)
3. A typed appropriate* answer in the text box (5 points)
4. A, B, C, E, F (5 points)
5. A, C, E, F, G (5 points)
6. D (1 point)
7. A typed appropriate answer in the text box (5 points)
8. A typed appropriate answer in the text box (5 points)
9. B, C, D, F, G, H (6 points)
10. A typed appropriate answer in the text box (5 points)

* text answers will be reviewed to insure the answer relates to the question.