

# Study Guide for Advocate for Health: Build on the Progress of the Affordable Care Act

A self-study continuing education course providing 10.0\* Category 1 NCHEC CECHs for CHES® and MCHES® (includes 8 advanced CECHs for MCHES®)

<b>General Information</b>	Instructor: Jim Grizzell, MBA, MA, MCHES®, ACSM-EP-C, FACHA Email: <a href="mailto:jimgrizzell@healthedpartners.org">jimgrizzell@healthedpartners.org</a> Phone: 909-856-3350 (cell, please call between 8 am - 9 pm PT) Project Tools: All materials available online
<b>Course Description</b>	<b>Directed Self-Study:</b> a learning experience and guide to resources and skill development to meet CHES®/MCHES® and RD/DTR competencies which include:** <ul style="list-style-type: none"> <li>• serving as a health education/promotion resource person</li> <li>• communicating, promoting, using evidence, and advocating to gain support for health, health education/promotion, and the profession</li> <li>• using critical and strategic thinking on legislation and public policy</li> <li>• influencing legislation, regulation, and policy changes</li> </ul> <p>The participant tailors portions of the learning experience by selecting materials to study the arguments for and against the GOP American Health Care Act, and options for improving the ACA. The course uses non-partisan, partisan, and government resources. Studying is self-paced without regard to time or location.</p>
<b>Course Goals</b>	The participant will be able to act as a knowledgeable resource person on health care legislation, and effectively advocate for health and health education/promotion to build in the progress of ACA.
<b>Course Requirements</b>	<u>Study Materials:</u> Congressional and health organization summaries <u>20-Question Test</u> (TF, multiple choice, short answer, passing ≥70% correct) <u>Course Evaluation</u> (included after last question of the test)
<p>The course will be done electronically using the email and the web using links in the <b>Study Guide</b></p> <p><b>Study Guide:</b> <a href="http://www.healthedpartners.org/ceu/adv-hlth/adv-hlthstudyguide.pdf">www.healthedpartners.org/ceu/adv-hlth/adv-hlthstudyguide.pdf</a></p> <p><b>Test:</b> <a href="http://www.healthedpartners.org/ceu/adv-hlth/adv-hlthtest.pdf">www.healthedpartners.org/ceu/adv-hlth/adv-hlthtest.pdf</a></p>	
<b>Course Completion Certificate</b>	Course completion certificate for 10.0 CECHs (includes 8 advanced hours) for the National Commission on Health Education Credentialing and 10.0 CPE for Commission for Dietetics Registration will be awarded if a score of 70% is achieved and the Course Evaluation is completed. Payment of fee is required.

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\* Continuing education hours are based on average reading speed of 250 words per minute.

\*\* List of CHES®/MCHES® and RD/DTR competencies, sub-competencies, and learning codes on page 8.

<b>Health Education Partners</b>	National Commission on Health Education Credentialing  Provider # 100538
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Estimated Time	Objectives and Assignments
~0.5 hours	<p><b>Introduction</b></p> <ul style="list-style-type: none"> <li>Review this Study Guide and instructions for taking the test and receiving credit</li> </ul>
~1.25 hour	<p><b>Section 1: The Legislative Process, and History and Background of Health Care Legislation</b></p> <p>After studying the materials, the participant will be able to:</p> <ul style="list-style-type: none"> <li>Describe how bills are made and become law</li> <li>Describe the history of health care legislation</li> <li>Describe the health reform during the 111<sup>th</sup> Congress (17 bills)</li> </ul> <p><b>Assignments</b></p> <ul style="list-style-type: none"> <li><b>Read/study and watch videos</b> <ul style="list-style-type: none"> <li><b>The legislative process</b> - Read document and view one of two videos about the legislative process           <ul style="list-style-type: none"> <li>“<b>Learn about the Legislative Process</b>” from the U.S. House of Representatives (~15 min, pdf file) <a href="http://www.healthedpartners.org/healthreform/howlawsaremade.pdf">www.healthedpartners.org/healthreform/howlawsaremade.pdf</a></li> <li>Watch <b>one</b> of the videos               <ul style="list-style-type: none"> <li>PBS video: How a Bill Becomes a Law: Crash Course Government and Politics #9 <a href="https://youtu.be/66f4-NKEYz4">https://youtu.be/66f4-NKEYz4</a> (7:00)</li> <li>Schoolhouse Rock - <a href="https://youtu.be/tyeJ55o3E10">https://youtu.be/tyeJ55o3E10</a> (3:00)</li> </ul> </li> </ul> </li> <li><b>History of Healthcare Legislation</b> (view 2 of 4 videos, 1 pdf file)           <ul style="list-style-type: none"> <li><b>View at least the first two</b> from Kaiser Family Foundation               <ul style="list-style-type: none"> <li>Kaiser Family Foundation - <b>Health Reform Hits Main Street</b> – <a href="https://youtu.be/3-l1c5xK2_E">https://youtu.be/3-l1c5xK2_E</a> (Dated 2010, 9:00)</li> <li>Kaiser Family Foundation - <b>The YouToons Get Ready for Obamacare</b> (dated 2013, 6:53) <a href="https://youtu.be/JZkk6ueZt-U">https://youtu.be/JZkk6ueZt-U</a></li> <li>May be fun to view --University of Rochester – <b>History of Health Care Reform Through Political Cartoons</b> - <a href="https://youtu.be/y1OaXUVyr7U">https://youtu.be/y1OaXUVyr7U</a> (3:24)</li> <li>May be interesting to view - US Healthcare: A Short History - <a href="https://youtu.be/fYXasauvyoo">https://youtu.be/fYXasauvyoo</a> (2:16)</li> </ul> </li> <li><b>Congressional Research Service report “Health Insurance Reform and the 111<sup>th</sup> Congress”</b> (20 pages of text, pdf file, ~40 min) <a href="http://www.healthedpartners.org/healthreform/crs_18bill_summary.pdf">www.healthedpartners.org/healthreform/crs_18bill_summary.pdf</a></li> </ul> </li> </ul> </li> </ul>
~0.5 hours	<p><b>Section 2: Summaries of Proposals to Replace ACA Prior to March 2017</b></p> <p>After studying the material in this section, the participant will be able to:</p> <ul style="list-style-type: none"> <li>Describe the proposed bills of 2015 into 2017 prior to HR1628 AHCA</li> </ul> <p><b>Assignments</b></p> <ul style="list-style-type: none"> <li><b>Read/study</b> <ol style="list-style-type: none"> <li><b>Summaries of proposed replacements to ACA from 2015 to prior to AHCA introduction</b> <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec02/proposals2015-2017.pdf">www.healthedpartners.org/ceu/adv-hlth/sec02/proposals2015-2017.pdf</a></li> </ol> </li> </ul>

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~1.5 hours	<p><b>Section 3: The GOP Proposed Law: HR 1628 – American Health Care Act – Not Called for a Vote</b></p> <p>After studying the material in this section, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• Explain what the Congressional Budget Office does.</li> <li>• Describe provisions of the GOP Health Plan: American Health Care Act (AHCA)</li> <li>• Explain Conservatives’ rationale for their provisions in the proposed law.</li> </ul> <p><b>Assignments</b></p> <ul style="list-style-type: none"> <li>• <b>Read/study –</b> <ul style="list-style-type: none"> <li>• <b>NOTE:</b> The actual bill is 126 pages – don’t try to read it. <b>Read/study only items 1 through 3.</b> Consider opening and scanning items 4 through 7 – these are not included in course hours but have detailed summaries and the full 126-page proposed law, HR1628.</li> </ul> </li> </ul> <ol style="list-style-type: none"> <li>1. Press releases: <b>1) House Ways and Means Committee.</b> “Ways and Means Republicans Release Legislation to Repeal and Replace Obamacare” March 6, 2017 and <b>2) Health and Human Services (hhs.gov),</b> The American Health Care Act is Critical First Step toward Protecting Patients” March 7, 2017 (~10 min, only read the “Background” heading). Both are in one file <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03/housewaysmeanscomm-and-hhs-press-releases-webpages.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03/housewaysmeanscomm-and-hhs-press-releases-webpages.pdf</a> <b>or</b> <ol style="list-style-type: none"> <li>a. read at these web pages <a href="https://waysandmeans.house.gov/american-health-care-act">https://waysandmeans.house.gov/american-health-care-act</a> and <a href="https://www.hhs.gov/about/news/2017/03/07/american-health-care-act-critical-first-step-toward-protecting-patients.html">https://www.hhs.gov/about/news/2017/03/07/american-health-care-act-critical-first-step-toward-protecting-patients.html</a></li> </ol> </li> <li>2. <b>Two page summary by House Ways &amp; Means Committee</b> (~15 min) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03/housewaysmeanscomm-2page-summary.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03/housewaysmeanscomm-2page-summary.pdf</a> <b>or</b> <a href="https://waysandmeans.house.gov/wp-content/uploads/2017/03/03.06.17-AmericanHealthCareAct_Summary.pdf">https://waysandmeans.house.gov/wp-content/uploads/2017/03/03.06.17-AmericanHealthCareAct_Summary.pdf</a></li> <li>3. <b>Your questions answered by Speaker Ryan</b> (~20 min) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03/your-qs-answered-by-ryan.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03/your-qs-answered-by-ryan.pdf</a></li> </ol> <p>For Items 4 – 7: Consider <b>not</b> studying these. Possibly open them and scan quickly. They are not included in the course CECH hours.</p> <ol style="list-style-type: none"> <li>4. <b>Section by Section Summary by House Ways &amp; Means Committee</b> (~1 hour, 8 pages) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03/housewaysmeanscomm-sections-summary.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03/housewaysmeanscomm-sections-summary.pdf</a></li> <li>5. <b>American Health Care Act</b> (this is the “markup” format used by Congress to be able to make notes, 2 inch margins and 14 pt font) (~30 min, review only) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03/ahca-markup.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03/ahca-markup.pdf</a></li> <li>6. <b>Legislative recommendations by House Ways &amp; Means Committee</b> (consider only scanning to review headings in bold text and some text under heading) (~15 min, <b>review only</b> the 57 pages) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03/housewaysmeanscomm-legis-recs-markup.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03/housewaysmeanscomm-legis-recs-markup.pdf</a></li> <li>7. Amendments submitted for <a href="https://rules.house.gov/bill/115/hr-1628">https://rules.house.gov/bill/115/hr-1628</a> or <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03/hr1628-ahca.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03/hr1628-ahca.pdf</a></li> </ol> <ul style="list-style-type: none"> <li>• <b>Read the Kaiser Family Foundation Summary</b> <ol style="list-style-type: none"> <li>1. <b>Summary by Kaiser Family Foundation</b> (~30 min, this may be an excellent non-partisan summary) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03/kff-ahca-summary.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03/kff-ahca-summary.pdf</a></li> </ol> </li> </ul>
~01.25 hour	<p><b>Section 3a: Congressional Budget Office (CBO) Reports</b></p>

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	<p>After studying the material in this section, the participant will be able to:</p> <ul style="list-style-type: none"> <li>Describe the CBO results from its studies of health care spending and policy proposals regarding 1. deficit changes, 2. premiums, 3. number of people covered.</li> <li>Explain the CBO results from its studies on effects of repealing portions of the Affordable Care Act</li> </ul> <p><b>Assignments</b></p> <ul style="list-style-type: none"> <li><b>Read/study</b> each of these four CBO reports <ol style="list-style-type: none"> <li><b>CBO's Analysis of Health Care Spending and Policy Proposals (Sept 21, 2016)</b> (36 slide presentation, ~30 min) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03a/cbo-analysis-healthcarespending-sep2016.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03a/cbo-analysis-healthcarespending-sep2016.pdf</a> <ul style="list-style-type: none"> <li>This presentation describes CBO's general approach to policy analysis and its role in supporting the Congress; summarizes several elements of the agency's projections of health care spending; and reviews examples of policy proposals and approaches affecting health care that CBO has analyzed recently. <a href="https://www.cbo.gov/publication/51994">https://www.cbo.gov/publication/51994</a></li> </ul> </li> <li><b>How Repealing Portions of the Affordable Care Act Would Affect Health Insurance Coverage and Premiums</b> (4-page report, January 17, 2017) (~15 min) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03a/cbo-coverageandpremiums-jan2017.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03a/cbo-coverageandpremiums-jan2017.pdf</a></li> <li><b>Cost Estimate of AHCA – NOTE: this covers about one-third of the key provisions of the proposal</b> (March 13, 2017) (study through page 27, ~30 min) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03a/cbo-americanhealthcareact-mar13-2017.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03a/cbo-americanhealthcareact-mar13-2017.pdf</a></li> <li><b>Cost Estimate of AHCA after Amendments – Letter to Speaker Ryan on effects on deficit, coverage, premiums.</b> (March 23, 2017) (study pages 1 through 4, ~15 min) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03a/cbo-americanhealthcareact-mar23-2017.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03a/cbo-americanhealthcareact-mar23-2017.pdf</a></li> </ol> </li> </ul>
~1.25 hour	<p><b>Section 3b: Supporters and Opposition to the GOP American Health Care Act</b></p> <p>After studying the material in this section, the participant will be able to:</p> <ul style="list-style-type: none"> <li>Compare concerns of groups and organizations (health care providers, hospitals, specific disease groups, public health, conservative and republican), Congressmen business tax credits</li> </ul> <p><b>Assignments</b></p> <ul style="list-style-type: none"> <li><b>Read/study</b> (most of these statements, letters and press releases are 2 pages long) <ul style="list-style-type: none"> <li><b>NOTE:</b> Read/study at least <b>two</b> statements, letters or press releases from each of the 4 groups (<b>1.</b> conservative, <b>2.</b> insurer, <b>3.</b> hospital, <b>4.</b> health organization). Be prepared to write – <u>for one organization from each of the four groups</u> - a very brief (≤50 words) answer about what was significant to you, what you learned and how my might use the information to advocate for health and influence decision-makers.</li> <li><b>Conservative and Republican</b> (read/study <b>two</b>, some want full repeal, others want fixes) <ul style="list-style-type: none"> <li><b>American for Progress</b> – wants full repeal (~7 min) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03b/consrepub/americansforprogress-full-repeal.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03b/consrepub/americansforprogress-full-repeal.pdf</a></li> <li><b>Club for Growth</b> – wants full repeal ~7 min) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03b/consrepub/clubforgrowth-full-repeal.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03b/consrepub/clubforgrowth-full-repeal.pdf</a></li> </ul> </li> </ul> </li> </ul>

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	<ul style="list-style-type: none"> <li>○ <b>Freedom Partners</b> (Koch Brothers group) - repeal parts (~7 min)  <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03b/consrepub/fp-koch-part-repeal.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03b/consrepub/fp-koch-part-repeal.pdf</a></li> <li>○ <b>Heritage Action for America</b> – wants full repeal (~7 min)  <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03b/consrepub/hafa-full-repeal.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03b/consrepub/hafa-full-repeal.pdf</a></li> <li>○ <b>Senators Portman, Capito, Gardner, Murkowski</b> letter to McConnell. Protect Medicaid, care, etc. (~10 min) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03b/consrepub/portman-medicaid.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03b/consrepub/portman-medicaid.pdf</a></li> <li>● <b>Insurers</b> (read/study two)             <ol style="list-style-type: none"> <li>1. <b>American Health Insurance Plans</b> (~15 min)  <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03b/insurers/ahip.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03b/insurers/ahip.pdf</a></li> <li>2. <b>Alliance for Community Health Plans</b> – likes AHCA as “draft,” wants CBO scoring (~10 min) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03b/insurers/achp.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03b/insurers/achp.pdf</a></li> <li>3. <b>Business Insider article</b> – one-page summary (~10 min)  <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03b/insurers/businsider-insurers-skeptical.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03b/insurers/businsider-insurers-skeptical.pdf</a></li> </ol> </li> <li>● <b>Hospitals</b> (read/study each)             <ol style="list-style-type: none"> <li>1. <b>American Hospital Association</b> letter to House of Representatives and press release (~20 min) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03b/hospitals/aha.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03b/hospitals/aha.pdf</a></li> <li>2. <b>Children’s Hospital Association Statement</b> (press release) on AHCA (~7 min) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03b/hospitals/cha.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03b/hospitals/cha.pdf</a></li> </ol> </li> <li>● <b>Public health, medical and disease specific organizations</b> (read/study two)             <ol style="list-style-type: none"> <li>1. <b>American Academy of Family Physicians</b> – statement plus member comments (~10 min) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03b/hlthorgs/aafp-press-release.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03b/hlthorgs/aafp-press-release.pdf</a></li> <li>2. <b>American Association of Medical Colleges</b> (~7 min)  <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03b/hlthorgs/aamc-press-release.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03b/hlthorgs/aamc-press-release.pdf</a></li> <li>○ <b>American Association of Retired Persons (AARP)</b> (~7 min)  <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03b/hlthorgs/aarp-letter.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03b/hlthorgs/aarp-letter.pdf</a> and 56-second video <a href="http://videos.aarp.org/detail/video/5352525539001/aarp-opposes-health-bill---aarp?autoStart=true&amp;q=HEALTH%20BILL?intcmp=AE-HP-FLXSLDR-SLIDE1-RL2">http://videos.aarp.org/detail/video/5352525539001/aarp-opposes-health-bill---aarp?autoStart=true&amp;q=HEALTH%20BILL?intcmp=AE-HP-FLXSLDR-SLIDE1-RL2</a></li> <li>3. <b>American Civil Liberties Union</b> (~7 min)  <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03b/hlthorgs/acclu-statement.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03b/hlthorgs/acclu-statement.pdf</a></li> <li>4. <b>American Diabetes Association</b> ((~7 min)  <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03b/hlthorgs/ada-press-release.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03b/hlthorgs/ada-press-release.pdf</a></li> <li>5. <b>American Medical Association</b> (~7 min)  <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03b/hlthorgs/ama-letter.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03b/hlthorgs/ama-letter.pdf</a></li> <li>6. <b>American Psychological Association</b> (~7 min)  <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03b/hlthorgs/apa-press-release.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03b/hlthorgs/apa-press-release.pdf</a></li> <li>7. <b>Human Rights Campaign</b> (~7 min) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03b/hlthorgs/hrc-letter.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03b/hlthorgs/hrc-letter.pdf</a></li> <li>8. <b>National Physicians Alliance</b> (~7 min) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03b/hlthorgs/npa-statement.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03b/hlthorgs/npa-statement.pdf</a></li> </ol> </li> </ul>
~0.5 hour	<p><b>Section 3c: Your Organizations’ Analyses, and Concerns or Satisfaction, and Advocacy Efforts regarding the GOP Health Plan / AHCA and/or ACA</b></p>

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	<p>After studying the material in this section, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• List the concerns of a course participant's organization (e.g., APHA, SOPHE, AND) about the AHCA and/or improving ACA.</li> <li>• Engage in legislative advocacy for the participant's organization</li> </ul> <p><b>Assignment</b></p> <ul style="list-style-type: none"> <li>• <b>Read/study one of your organization's concerns and advocacy efforts</b></li> <li>• <b>Go to the web site</b> of one of the organizations of which you are a member, would consider joining, or working with to determine its concerns, and what it advocates and, possibly, how. The organization's statement may be listed on its homepage or under a heading like "News."</li> <li>○ Be prepared to write a very brief (≤50 words) answer about what you learned and how you might use the information to advocate for health and influence decision-makers.</li> <li>• <b>Examples</b> (feel free to use either of these)             <ol style="list-style-type: none"> <li>1. <b>American Public Health Association</b> (~15 min) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03c/apha-press-release.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03c/apha-press-release.pdf</a></li> <li>2. <b>Society for Public Health Education</b> (SOPHE) (~15 min) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03c/sophe-statement.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03c/sophe-statement.pdf</a></li> <li>3. <b>Alzheimer's Association</b> – NOTE: if the organization you want to use does not have a statement, press release or letter yet, this is an example of how you could ask about for (~10 min) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec03c/alzheimer-s-assoc-concerns.pdf">www.healthedpartners.org/ceu/adv-hlth/sec03c/alzheimer-s-assoc-concerns.pdf</a></li> </ol> </li> <li>○ <b>American College Health Association</b> – (ACHA, ~15 min) <a href="http://www.acha.org/ACHA/Resources/ACA/ACA_Updates.aspx">http://www.acha.org/ACHA/Resources/ACA/ACA_Updates.aspx</a></li> </ul>
~1.75 hours	<p><b>Section 4: Obama's and Other's Suggestions for Building on the Progress of ACA</b></p> <p>After studying the material in this section, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• List Obama's four suggestions, describe Obama's "role for Congress," explain the rationale for the suggestions</li> <li>• Describe other suggestions for improving ACA</li> <li>• Explain other health insurance / care systems</li> </ul> <p><b>Assignments</b></p> <ul style="list-style-type: none"> <li>• <b>Read/study</b> (if web pages are unavailable, links to pdfs are on page 8)             <ol style="list-style-type: none"> <li>1. <b>United States Health Care Reform – Progress to Date and Next Steps</b> JAMA, Special Communication: Clinical Review &amp; Education, July 11, 2016 (~30 min) <a href="http://www.healthedpartners.org/ceu/adv-hlth/sec04/obamarecs.pdf">www.healthedpartners.org/ceu/adv-hlth/sec04/obamarecs.pdf</a></li> <li>2. <b>American Public Health Association – Health Reform</b> text of web page and two fact sheets on why we still need ACA and about the Prevention and Public Health Fund (~20 min, combined into one file <a href="https://www.apha.org/topics-and-issues/health-reform">https://www.apha.org/topics-and-issues/health-reform</a>)</li> <li>○ <b>Single Payer – Physicians for a National Health Program</b> – Read the web page only, no need to click on links from it for this course. (~20 min) <a href="http://www.pnhp.org/facts/what-is-single-payer">www.pnhp.org/facts/what-is-single-payer</a></li> <li>3. <b>Universal Health Care – World Health Organization</b> description of "What is universal coverage?" Read the text on the web page and read the text of the four items that rotate (look for the four small dark orange ● buttons)                 <ul style="list-style-type: none"> <li>• 1. Data Portal on universal health coverage launched,</li> <li>• 2. Universal Health Coverage: an affordable goal for all,</li> </ul> </li> </ol> </li> </ul>

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	<ul style="list-style-type: none"> <li>• 3. Action with Ambition: Universal Health Coverage (UHC) Day 2016, and</li> <li>• 4. Tracking universal health coverage first global monitoring report</li> <li>• NOTE: for this course, you do <b>not</b> need to click on and go to the read the Data Portal, read the full commentary, watch the recording, or read the global monitoring report. (~20 minutes) <a href="http://www.who.int/health_financing/universal_coverage_definition/en/">www.who.int/health_financing/universal_coverage_definition/en/</a></li> </ul> <p>4. <b>Canadian Health Care</b> – single payer, not socialized, public spending, private delivery system.</p> <ul style="list-style-type: none"> <li>• <b>Read the text</b> on Canada’s web page (includes About Medicare down through Accessing health care services) (~15 minutes) <a href="http://www.canada.ca/en/health-canada/services/canada-health-care-system.html">www.canada.ca/en/health-canada/services/canada-health-care-system.html</a></li> <li>• Optional: Watch YouTube video Canada’s Healthcare System Explained (length 7:24) <a href="https://youtu.be/1TPr3h-UDA0">https://youtu.be/1TPr3h-UDA0</a></li> </ul> <p>5. <b>Four Basic Models of Health Care Systems – Physicians for a National Health Program</b> – read the single web page describing the Beveridge, Bismarck. National Health Insurance and Out-of-Pocket (~15 min) <a href="http://www.pnhp.org/single_payer_resources/health_care_systems_four_basic_models.php">www.pnhp.org/single_payer_resources/health_care_systems_four_basic_models.php</a></p>
~0.5 hours	<p><b>Section 5: Advocacy Techniques to Influence Decision-Makers</b></p> <p>After studying the material in this section, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• Use policy advocacy techniques to influence decision-makers</li> <li>• Engage in legislative advocacy</li> </ul> <p><b>Assignments</b></p> <ul style="list-style-type: none"> <li>• <b>Read/study</b> <ul style="list-style-type: none"> <li>○ <b>Indivisible Guide</b> – guidelines to influence Congress from former congressional staffers (available to download in Word or pdf or read online, ~30 min) <a href="http://www.indivisibleguide.com/guide/">www.indivisibleguide.com/guide/</a> <b>or</b> pdf file <a href="http://www.indivisibleguide.com/resource/guide-english-pdf/?wpdmdl=1777">www.indivisibleguide.com/resource/guide-english-pdf/?wpdmdl=1777</a></li> </ul> </li> </ul>
~1.0 hour	<p><b>Take 20 Question Test</b></p> <p>The test has 20 questions (12 true/false and multiple choice questions, and 8 short answer (≤50 word) questions. Your total score is calculated as you answer questions and can be viewed on the 2<sup>nd</sup> to last page of the test. You can change answers in the test form and your score will change. Passing is 70% or better, 39 to 55 points. Be sure to use Adobe Reader DC which has the functions to calculate your score. If you need Adobe Reader DC get it free and install it from <a href="https://acrobat.adobe.com/us/en/acrobat/pdf-reader.html">https://acrobat.adobe.com/us/en/acrobat/pdf-reader.html</a></p> <p>Download test and save your computer): <a href="http://www.healthedpartners.org/ceu/adv-hlth/adv-hlthtest.pdf">www.healthedpartners.org/ceu/adv-hlth/adv-hlthtest.pdf</a></p> <p><b>Instructions for submitting the test</b> – Attach to test form/file to an email to <a href="mailto:ce@healthedpartners.org">ce@healthedpartners.org</a>.</p> <p>If you have any questions contact Jim Grizzell at <a href="mailto:jimgrizzell@healthedpartners.org">jimgrizzell@healthedpartners.org</a>.</p>

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**Additional / Optional Course Materials and Resources**

New and resources used in the two previous self-study courses on health reform:

**Section 4 Web Page Assignments in pdf**

- **American Public Health Association – Health Reform**
  - [www.healthedpartners.org/ceu/adv-hlth/sec04/apha-health-reform.pdf](http://www.healthedpartners.org/ceu/adv-hlth/sec04/apha-health-reform.pdf)
- **Single Payer – Physicians for a National Health Program –**
  - [www.healthedpartners.org/ceu/adv-hlth/sec04/phnp-single-payer.pdf](http://www.healthedpartners.org/ceu/adv-hlth/sec04/phnp-single-payer.pdf)
- **Universal Health Care – World Health Organization** description of “What is universal coverage?”
  - [www.healthedpartners.org/ceu/adv-hlth/sec04/who-what-is-universal-coverage.pdf](http://www.healthedpartners.org/ceu/adv-hlth/sec04/who-what-is-universal-coverage.pdf)
- **Canadian Health Care –**
  - [www.healthedpartners.org/ceu/adv-hlth/sec04/canada-health-care-system.pdf](http://www.healthedpartners.org/ceu/adv-hlth/sec04/canada-health-care-system.pdf)
- **Four Basic Models of Health Care Systems – Physicians for a National Health Program –**
  - [www.healthedpartners.org/ceu/adv-hlth/sec04/pnhp-four-basic-models.pdf](http://www.healthedpartners.org/ceu/adv-hlth/sec04/pnhp-four-basic-models.pdf)

**Journal of the American Medical Association - FREE – Four Editorial articles and Special Communication from Barack Obama, August 2, 2016** <http://jamanetwork.com/journals/jama/issue/316/5>

Special Communication

[United States Health Care Reform Progress to Date and Next Steps](#)

Barack Obama, JD

[Abstract Full Text](#)

free access has active quiz

*JAMA*. 2016;316(5):525-532. doi:10.1001/jama.2016.9797

In this Special Communication, President Barack Obama reviews the Affordable Care Act: why he pursued it, what it has effected, and how the health care system can still be improved.

- Editorial
  - [The Affordable Care Act and the Future of US Health Care](#)
  - Howard Bauchner, MD
- [US Health Care Reform Cost Containment and Improvement in Quality](#)
  - Peter R. Orszag, PhD
- [The Future of the Affordable Care Act Reassessment and Revision](#)
  - Stuart M. Butler, PhD, MA
- [The Past and Future of the Affordable Care Act](#)
  - Jonathan Skinner, PhD; Amitabh Chandra, PhD

**Previous Health Education Partners courses on health reform**

[Health Reform II: the Final Bills Signed into Law](#) (7.0 CECH/hours, 3 advanced hours, \$25)

[Become a Very Good Health Education Resource Person on Health Reform \(covers history of health reform and bills leading up to the final passed bills\)](#) (5.0 CECH/hours, 2.5 advanced, \$19.99)



# Study Guide for Advocate for Health: Build on the Progress of the Affordable Care Act

Government Print Office HR 3200 (markup format with large 2" margins and 14 pt font, 1,017 pages)

[http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=111\\_cong\\_bills&docid=f:h3200ih.txt.pdf](http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=111_cong_bills&docid=f:h3200ih.txt.pdf)

Library of Congress Printer Friendly HR 3200 (small margins, 10 pt font, 261 pages)

[http://www.healthedpartners.org/healthreform/hr\\_3200\\_261pg.pdf](http://www.healthedpartners.org/healthreform/hr_3200_261pg.pdf)

## Legislative Process

Adult Learner - Tying It All Together: Learn about the Legislative Process

[http://www.house.gov/house/Tying\\_it\\_all.shtml](http://www.house.gov/house/Tying_it_all.shtml)

Adolescent Learner - How a Bill Becomes Law

<http://kids.clerk.house.gov/high-school/lesson.html?intID=17>

## Congressional Research Service (CRS)

**Health Insurance Reform and the 111<sup>th</sup> Congress** (review of 17 bills) by Congressional Research Office (24 pages)

[http://assets.opencrs.com/rpts/R40581\\_20090515.pdf](http://assets.opencrs.com/rpts/R40581_20090515.pdf)

**HR 3200 Summary** by CRS (6 pages)

<http://edlabor.house.gov/documents/111/pdf/publications/AAHCA-BILLSUMMARY-071409.pdf>

## US House of Representative HR 3200 Committees

House Committee on Education and Labor HR 3200 Web Page

[http://majorityleader.house.gov/members/health\\_care.cfm](http://majorityleader.house.gov/members/health_care.cfm)

House Committee on Energy and Commerce HR 3200 Web Page

[http://energycommerce.house.gov/index.php?option=com\\_content&view=article&id=1687:health-care-reform&catid=169:legislation&Itemid=55](http://energycommerce.house.gov/index.php?option=com_content&view=article&id=1687:health-care-reform&catid=169:legislation&Itemid=55)

House Committee on Ways and Means HR 3200 Web Page

<http://waysandmeans.house.gov/MoreInfo.asp?section=52>

Summaries by Division

<http://waysandmeans.house.gov/media/pdf/111/cddraft.pdf>

## US Senate HR 3200 Web Pages

<http://help.senate.gov> (links below are from lower left corner of page – Spotlight)

**JUST RELEASED** (scheduled for markup on September 22, 2009)

### **America's Healthy Future Act of 2009**

#### **OpenCongress web page text**

"This is the full text of the "Baucus Bill", released on Sept. 16th, 2009. This page on OpenCongress is the only online copy of the bill, which was released as a "mark" from Senate Finance Committee chairman Sen. Max Baucus (D-MD). [The original 223-page .pdf version, whose text constitutes the page below, can be downloaded here.](#)

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For summary and analysis of the Baucus version, visit our OpenCongress Blog post [here](#). For more info on how Congressional data is Defective by Design and why you should have access to a more fully featured version of this bill text, visit [here](#). To help spread the word, re-tweet from our [Twitter](#) page or join our [Facebook](#) group. We love feedback: [Contact Us](#) with questions or comments.”

HELP Committee votes to report Affordable Health Choices Act to the Senate

Press Release

[http://help.senate.gov/Maj\\_press/2009\\_07\\_15\\_b.pdf](http://help.senate.gov/Maj_press/2009_07_15_b.pdf)

Mark-up

[http://help.senate.gov/Hearings/2009\\_06\\_17\\_E/2009\\_06\\_17\\_E.html](http://help.senate.gov/Hearings/2009_06_17_E/2009_06_17_E.html)

Affordable Health Choices Act

[http://help.senate.gov/BAI09A84\\_xml.pdf](http://help.senate.gov/BAI09A84_xml.pdf)

Additional Chairman's mark on coverage

[http://help.senate.gov/BAI09F54\\_xml.pdf](http://help.senate.gov/BAI09F54_xml.pdf)

Letter from Secretary Sebelius to Chairman Kennedy

<http://help.senate.gov/7-6HELPCommitteeLetter.pdf>

### Congressional Budget Office

Preliminary Analysis of HR 3200

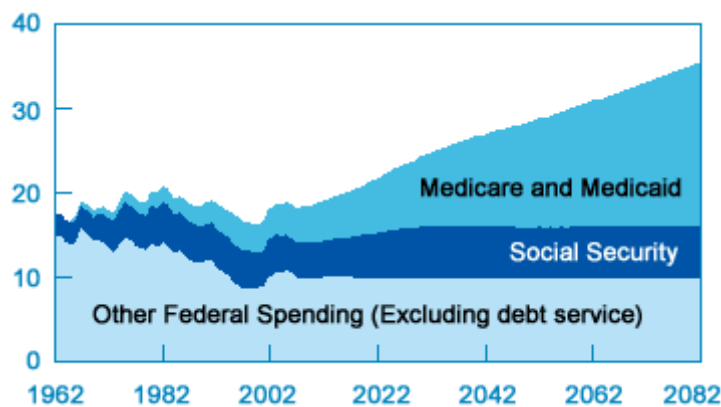
<http://www.cbo.gov/ftpdocs/104xx/doc10464/hr3200.pdf>

The Budgetary Effects of Expanding Governmental Support for Preventive Care and Wellness Services – html, pdf and blog

<http://www.cbo.gov/doc.cfm?index=10492>

Health: “The federal budget is on an unsustainable path, primarily because of the rising cost of health care.”

<http://www.cbo.gov/publications/collections/health.cfm>



### Joint Committee on Taxation

Study Guide for  
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ESTIMATED BUDGET EFFECTS OF THE CHAIRMAN'S MARK, AS MODIFIED, OF Fiscal Years 2009 – 2019 [*Millions of Dollars*] THE "AMERICAN RECOVERY AND REINVESTMENT TAX ACT OF 2009,"

<http://www.jct.gov/x-13-09.pdf>

**Easy Reading HR 3200 and Health Reform** (point and click from organization chart and CRS summary)

<http://www.healthedpartners.org/healthreform/hr3200easyreadguide.htm>