



The National Prevention Strategy

Thank you for taking the "National Prevention Strategy" continuing education course. Part of the requirements is that you take a test and complete an evaluation of the course. Please answer the questions on the following pages. There are 12 multiple choices, TF and open ended response questions valued varying point values (points are given at the end of each question). To receive the certificate of completion for full CPE and CECH value you must pass with at least 70% (34 through 49 points). If you have questions please contact Jim Grizzell at jimgrizzell@healthedpartners.org.

Scoring and Submitting Answers

Be sure this test is opened using Adobe Reader which allows you to see your score calculated as you answer questions the second to last page, and see and save the test with the answers. Check them as you take the test. Text answers will be reviewed to insure they relate to the question. Instructions for submitting emailing or submitting the test with your answers are on that page also (submitting depends on the email program you use).

Contact and Certification/License Information

Please provide contact information. **First and last names** and **email address** are required. These, at least, are needed for your certificate and emailing it to you.

First Name:* _____
Last Name:* _____
 Address: _____
 Address 2: _____
 City/Town: _____
 State: _____
 ZIP Code: _____
 Country: _____
Email Address:* _____
 Phone Number: _____

Provide the name or names of your certification, registration or, license name and number. This will be used on your certificate of passing the course. Example: CHES 2670

Certification, registration or, license name and number: _____
 Certification, registration or, license name and number: _____
 Certification, registration or, license name and number: _____

Test Questions

1. The purposes and duties of the Council listed in the Patient Protection and Affordable Care Act and the Executive Order are to: Check the five correct ones. (5 points, incorrect response = -1 point each)
 - . A. provide coordination and leadership at the Federal level
 - . B. eliminate health disparities by gender, ethnicity/race and age
 - . C. develop a strategy that incorporates the most effective and achievable means
 - . D. give recommendations to the President and Congress on the most pressing health issues
 - . E. achieve access to preventive services for all people in the country
 - . F. consider and propose evidence-based models and policies
 - . G. establish processes for continual public input
 - . H. reduce health disparities by gender, ethnicity/race and age

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2. The National Prevention Strategy provides an unprecedented opportunity to shift the nation from a focus on sickness and disease to one based on wellness and prevention. (1 point)

True . False .

3. How many government agencies, departments, offices are on the National Prevention Council? (1 point, incorrect -1 point)

. A. 10 . B. 15 . C. 20 . D. 25

4. The 2010 Annual Status Report lists eight principles that guided the strategy include. Check all that apply. (5 points, incorrect = -1 point)
 - . A. Prioritize clinical care
 - . B. Establish a cohesive federal response
 - . C. Focus on treating the leading causes of death
 - . D. Prioritize high-impact interventions (often will be policy, environmental, systems changes)
 - . E. Promote valuable medical care practices
 - . F. Promote health equity
 - . G. Promote alignment between the public and private sectors
 - . H. Ensure accountability

5. The 2010 Annual Status Report anticipated effective interventions to fall into five major categories. Check the five strategies. (5 points, incorrect response = -1 point)
 - . A. Policy
 - . B. Systems Change
 - . C. Environment
 - . D. Communications and Media
 - . E. Individual responsibility
 - . F. Community Change
 - . G. Program and Service Delivery

6. In the “Stakeholder Engagement” handout “Introduction Document” 10 draft strategic directions are listed? Which ones ended up in the National Prevention Strategy as a Strategic Direction or Priority? (look for exact words, ignore hyphen -, 10 points, 1 point for each correct, 0 for incorrect selection)

Draft Strategic Directions	In National Prevention Strategy as written for Stakeholder Engagement		
	Strategic Direction	Priority	Neither or Significant Variation in Wording
SD1 Healthy Physical, Social and Economic Environments			
SD2 Eliminate Health Disparities			
SD3 Prevention and Public Health Capacity			
SD4 Quality Clinical Preventive Services			
SD5 Tobacco-Free Living			
SD6 Reduce Alcohol and Drug Abuse			
SD7 Healthy Eating			
SD8 Active Living			
SD9 Injury-Free Living			
SD10 Mental and Emotional Wellbeing			



7. The **2013** Annual Status Report states that several National Prevention Council Members are collaborating with businesses and employers. How many are doing this? (1 point, incorrect -1 point)
- . A. 5 . B. 6 . C. 10 . D. 12
8. Indirect costs to employers of employee poor health – lower productivity, higher rates of disability, higher rates of injury, and more workers’ compensation claims – can be 33% to 50% less than costs of direct medical expenses.

True . False .

9. For each **Strategic Direction Actions** “*The Federal Government will*” and “*Partners Can*” do are listed as bullet points. 1) Which role are you in (Federal Government or one of the types of Partners listed in each Strategic Direction (i.e. State, Tribal, Local, and Territorial Governments)). 2) And in that role how will or might you do one or two of the Actions listed for your role? (short answer ≤50 words, 5 points) **NOTE: For credit for typing an answer, verify by clicking the box to the right.**



10. For each **Priority Actions** “*The Federal Government will*” and “*Partners Can*” do are listed as bullet points. 1) Which role are you in (Federal Government or one of the types of Partners listed in each Strategic Direction (i.e. State, Tribal, Local, and Territorial Governments)). 2) And in that role how will or might you do one or two of the Actions listed for your role? (5 points) **Verify answering. Click box.**



11. Each **Strategic Direction** or **Priority** lists **KEY DOCUMENTS** which provide a more detailed set of recommendation or offer tools and resources. For one of the **Strategic Direction** or **Priority** what is a **KEY DOCUMENT** you could use and where (Reference) does Appendix 6 tell you to get that document? Enter the 1) Strategic Direction or Priority, 2) key document name and 3) reference. (5 point) **Verify answering the question by clicking on the box.**



12. Consider the justification for a recommendation for a **Strategic Direction** or **Priority** in which you work or in which you have an interest. From Appendix 5 what is one “Recommendation” and its “Supporting Evidence-Based Intervention” you might be able to use. Example from page 64: “Improve quality of air, and and water” and HP: Reduce indoor allergen levels. <http://www.healthypeople.gov/2020/topicsobjectives2020/objectiveslist.aspx?topicid=12>. (5 points) Answer box is on next page. **NOTE: Verify answering the question by clicking on the box.**

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Course Evaluation

Please evaluate this distance learning / self-study course.

	Strongly agree	Agree	No opinion	Disagree	Strongly disagree
Overall, I would rate this learning activity positively					
The learning activity effectively targeted my needs					
The activity was appropriate for my knowledge/skill level					
The format (e.g., readings, audio) of the course was effective					
Diversity issues could be addressed appropriately with course content.					
The activity met my expectations					
Learning the content will positively impact how I work.					
I would recommend this activity to a colleague					

How well did the course meet the learning objectives for each major section of the course?

Objectives (summarized for each section)	Extremely well met	Very well met	Adequately met	Not very well met	Not at all met
Council Home Page: List and describe key documents establishing the Council and what it is to do, list members					
About Page: Describe principles guiding the strategy, explain types of interventions needed to put prevention into action, describe timeline					
Advisory Group Page: Describe Overview, Objectives and Interventions & Resources of two topics areas					
Stakeholder Engagement: Describe how the Council engaged stakeholders and gathered input					
Strategy: Provide assistance analyzing factors for learning/skill building, rationale for directions and priorities, indicators					
Resources: List additional resources for understanding the National Prevention Strategy					



How might this course have changed the way you practice health education, health promotion or wellness services so they may have improved outcomes. How will you be a more effective?

Please give comments and suggestions to improve the course.

**Please go to next page for your score and instructions for submitting
test responses.**



Thank you for completing the test.

Your total score (you can return to the questions and change answers, passing 34 - 49):

Be sure to save this file with answers to your computer and remember which folder or directory you placed it. **Now** you will need to **submit/send** your answers to get credit for successfully passing the course.

“SUBMIT” or Send Test Instructions – It depends on your email program. If you use Microsoft Outlook as your email program the form data should be sent automatically when you click the “Submit” button. If, however, you use another email program such as gmail, yahoo, aol or comcast you will email this saved file as an attachment to an email to ce@healthedpartners.org. If you have your email set up to is Microsoft Outlook here is a dialogue box to look for immediately after clicking the submit button that should be in the upper right corner of the window where the test is open.



If you have any questions or would like to provide comments please send them or call me using the contact information below. Feel free to ask questions or get additional help from me.

Jim Grizzell, MBA, MA, MCHES, ACSM-HFS, FACHA

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Correct answers are on the next page.

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Correct Answers

1. A, C, D, F, G (5 points)
2. True (1 point)
3. C (1 point)
4. B, D, F, G, H (5 points)
5. A, B, C, D, G (5 points)
- 6.

Draft Strategic Directions	In National Prevention Strategy as written for Stakeholder Engagement		
	Strategic Direction	Priority	Neither or Significant Variation in Wording
SD1 Healthy Physical, Social and Economic Environments			X
SD2 Eliminate Health Disparities	X		
SD3 Prevention and Public Health Capacity			X
SD4 Quality Clinical Preventive Services			X
SD5 Tobacco-Free Living		X	
SD6 Reduce Alcohol and Drug Abuse			X
SD7 Healthy Eating		X	
SD8 Active Living		X	
SD9 Injury-Free Living			X
SD10 Mental and Emotional Wellbeing		X	

(10 points)

7. B (1 point)
8. False (1 point)
9. A typed appropriate* answer in the text box for each Topic Area (5 points)
10. A typed appropriate answer in the text box for each Topic Area (5 points)
11. A typed appropriate answer in the text box for each Topic Area (5 points)
12. A typed appropriate answer in the text box for each Topic Area (5 points)

* each text answer will be reviewed to insure the answer relates to the question.