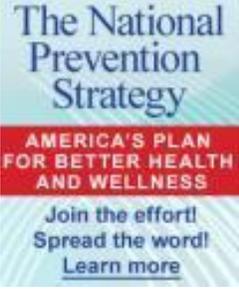




# The National Prevention Strategy

Self-study course providing 7.0 Cat 1 hours for CHES/MCHES (includes 2.0 Advanced\*), 7.0 for RDs/DTRs

<p><b>General Information</b></p>	<p>Instructor: Jim Grizzell, MBA, MA, MCHES, ACSM-HFS          Email: <a href="mailto:jimgrizzell@healthedpartners.org">jimgrizzell@healthedpartners.org</a>          Phone: 909-856-3350 (cell, please call between 9 am - 8 pm PT)          Course Materials: All are available online. Keep Study Guide opened on a computer to click on and open assignments in browser.</p>
<p><b>Course Description</b></p>	<p>This is a learning experience that will help the participant understand the background, development, implementation and desired outcomes of the National Prevention Strategy. Participants will study nearly all the key documents (laws, executive order, reports, stakeholder engagement) leading up to the unveiling of the Strategy on June 16, 2011. Participants will study the National Prevention, Health Promotion, and Public Health Council's vision, goals, strategic directions and priorities to improve the health of individuals, families, and communities through prevention.</p> 
<p><b>Course Goals and Objectives</b></p>	<p>The goal is to help health professionals and partners be expert consultants on and be partners to do the recommendations and actions. They will be able to provide expert assistance to: 1) identify and analyze factors that foster learning and skill building to enhance health, 2) assess efficacy of and select a variety of strategies and interventions to achieve objectives, 3) promote collaboration among stakeholders, 4) facilitate partnerships, 5) communicate and advocate for prevention, health promotion and wellness.</p>
<p><b>Course Requirements</b></p>	<p><u>Study Materials</u>: National Prevention Council web site, linked web pages and files  <u>12 Question Assessment</u> (passing is ≥70% points, 34 to 49 points)  <u>Course Evaluation</u> (included at the end of the assessment)</p>
<p align="center"><b>The entire course will be done electronically using the web and email.</b></p> <p align="center">Here are links to the course's web page, Study Guide and test:</p> <p align="center"><a href="http://www.healthedpartners.org/ceu/nps">www.healthedpartners.org/ceu/nps</a> and <a href="http://www.healthedpartners.org/ceu/nps/npsstudyguide.pdf">www.healthedpartners.org/ceu/nps/npsstudyguide.pdf</a></p> <p><b>12-question multiple choice and text response assessment</b>          (required, best completed with Adobe Reader)</p> <p align="center"><a href="http://www.healthedpartners.org/ceu/nps/npstest.pdf">www.healthedpartners.org/ceu/nps/npstest.pdf</a></p> 	
<p><b>Course Completion Certificate*</b></p>	<p>Course completion certificate for 7.0 CECHs for CHES (includes 2.0 advance for MCHES) and 7.0 CPE hours for RDs/DTRs will be awarded if a score of ≥70% is achieved and course evaluation is completed. Payment of fee is required.</p>

## Contents

Introduction .....	2
Objectives and Assignments .....	3-6
Additional Materials and Resources – Bibliography and References.....	8

# Introduction

The Patient Protection and Affordable Care Act and the Affordable Care Act called for a National Prevention Strategy to focus on moving the country from today’s “sick-care” system to one that builds on the laws’ efforts to lower health care costs; improve quality of care; prevent disease; and improve health, wellness and productivity.

Participants will be able to describe: national leadership, what they can do as partners, four strategic directions, seven priorities, rationale for the selection of the directions and priorities, recommendations and actions, evidence-base for the recommendations and actions, economic benefits of prevention and measurement of progress.



## Learn what is in each of these sections\*

### The National Prevention Strategy

#### National Leadership

#### Partners in Prevention

#### Strategic Directions

KEY FACTS

KEY DOCUMENTS

Key Indicators

Current

10-Year Target

#### Recommendations: What Can Be Done?

##### Actions

*The Federal Government will*

*Partners Can*

PROJECT HIGHLIGHT:

#### Priorities

KEY FACTS

KEY DOCUMENTS

Key Indicators

Current

10-Year Target

#### Recommendations: What can be done?

##### Actions

*The Federal Government will*

*Partners Can*

PROJECT HIGHLIGHT:

## Appendices

*Economic Benefits of Preventing Disease, National Prevention Strategy Indicators, Stakeholder Outreach and Input, Advisory Group on Prevention, Health Promotion and Integrative and Public Health, Justification for Evidence-Based Recommendations, Reference for the Key Documents, End Notes*

\* Headings and color themes are from the National Prevention Strategy and may help you learn.

### Two Ways to Find the Study Assignments and Time Estimates

1. Keep this Study Guide opened on your computer to be able to click on the links.
2. Follow instructions on a printed copy to get to assignments.

Time to complete the course is based on estimated time to read text at reading speeds of 250 words per minute (wpm) to faster speed at 300 wpm.

Estimated Time	Sections, Objectives and Assignments
~0.25 hours	<p><b>Introduction</b></p> <ul style="list-style-type: none"> <li>Review this Study Guide (~15 min)</li> </ul>
~.5 hours	<p><b>Surgeon General’s Prevention Page and National Prevention Strategy Overview</b> After studying the materials the participant will be able to:</p> <ul style="list-style-type: none"> <li>Describe the historical background of the National Prevention Strategy (NPS)</li> <li>List the key documents and concepts of the National Prevention Strategy</li> </ul> <p><b>Study Assignments</b></p> <ul style="list-style-type: none"> <li><b>Legislation</b> (Affordable Care Act, Section 4001) – this is on pages 11 – 13 of the 2010 annual status report (~5 min, <a href="http://www.hhs.gov/news/reports/nationalprevention2010report.pdf">www.hhs.gov/news/reports/nationalprevention2010report.pdf</a>). <b>NOTE:</b> link may not be available, even from <a href="http://www.surgeongeneral.gov/priorities/prevention/resources/index.html">www.surgeongeneral.gov/priorities/prevention/resources/index.html</a>. The report is available at <a href="http://www.healthedpartners.org/ceu/nps/nationalprevention2010report.pdf">www.healthedpartners.org/ceu/nps/nationalprevention2010report.pdf</a>.</li> <li><b>Executive Order</b> – read the order at this link <a href="https://obamawhitehouse.archives.gov/the-press-office/executive-order-establishing-national-prevention-health-promotion-and-public-health">https://obamawhitehouse.archives.gov/the-press-office/executive-order-establishing-national-prevention-health-promotion-and-public-health</a> (~10 min)</li> <li><b>2010 Annual Status Report</b> – Read the report (~20 min, <a href="http://www.surgeongeneral.gov/priorities/prevention/2013-npc-status-report.pdf">www.surgeongeneral.gov/priorities/prevention/2013-npc-status-report.pdf</a>)</li> <li><b>Fact Sheet</b> – read the 2-page pdf document (~5 min, <a href="http://www.surgeongeneral.gov/priorities/prevention/strategy/national-prevention-strategy-fact-sheet.pdf">www.surgeongeneral.gov/priorities/prevention/strategy/national-prevention-strategy-fact-sheet.pdf</a>)</li> <li><b>Prevention page</b> – Read text only on the page (~20 min, <a href="http://www.surgeongeneral.gov/priorities/prevention/index.html">www.surgeongeneral.gov/priorities/prevention/index.html</a>) You will study these areas more thoroughly in other sections of the Study Guide <ul style="list-style-type: none"> <li><b>2013 Annual Status Report</b> – <b>wait</b> to study this until you reach the Study Guide section on the National Prevention Council</li> <li><b>National Prevention Strategy</b> – from the SG’s page click on and read the text on the page (<a href="http://www.surgeongeneral.gov/priorities/prevention/strategy/index.html">www.surgeongeneral.gov/priorities/prevention/strategy/index.html</a>)</li> <li><b>National Prevention Council</b> - from the SG’s page click on and read the text on the page (<a href="http://www.surgeongeneral.gov/priorities/prevention/about/index.html">www.surgeongeneral.gov/priorities/prevention/about/index.html</a>)</li> <li><b>Prevention Advisory Group</b> - from the SG’s page click on and read the text on the page (<a href="http://www.surgeongeneral.gov/priorities/prevention/advisorygrp/index.html">www.surgeongeneral.gov/priorities/prevention/advisorygrp/index.html</a>)</li> <li><b>Resources</b> – from the SG’s page click on and read the text on the page (<a href="http://www.surgeongeneral.gov/priorities/prevention/resources/index.html">www.surgeongeneral.gov/priorities/prevention/resources/index.html</a>)</li> </ul> </li> </ul>
~0.75 hour	<p><b>Stakeholder Engagement</b></p> <p><b>NOTE:</b> This section’s materials were on the original NPS site in 2010. The materials are useful for understanding part of the NPS development. Since creating this course most of the links about <b>Stakeholder Engagement</b> have been moved or removed from their original <a href="http://www.healthcare.gov/center/councils/nphpphc">www.healthcare.gov/center/councils/nphpphc</a> site which does not exist now.</p> <p>After studying the material in this section the participant will be able to:</p>

	<ul style="list-style-type: none"> <li>• Describe how the Council will engage with stakeholders</li> <li>• List stakeholders</li> <li>• Describe how stakeholder input was gathered</li> <li>• Describe the materials used to support discussion sessions with stakeholders</li> </ul> <p><b>Study Assignments</b></p> <ul style="list-style-type: none"> <li>• <b>Stakeholder Engagement Web Page</b> – read text on the page (~5 minutes, <a href="http://www.healthedpartners.org/ceu/nps/npsstakeholderindex.pdf">www.healthedpartners.org/ceu/nps/npsstakeholderindex.pdf</a>. This a pdf of the original. <a href="http://www.healthcare.gov/center/councils/nphpphc/stakeholder/index.html">www.healthcare.gov/center/councils/nphpphc/stakeholder/index.html</a>. It and the links to the next five study items are no longer available.</li> <li>• <b>Instructions for Stakeholders</b> – Read the 1 page instructions (~5 minutes) <a href="http://www.healthedpartners.org/ceu/nps/npsstakeholderdiscussion-instructions-111610.pdf">www.healthedpartners.org/ceu/nps/npsstakeholderdiscussion-instructions-111610.pdf</a></li> <li>• <b>PowerPoint presentation</b> – View the 16 slides (~10 minutes, <a href="http://www.healthedpartners.org/ceu/nps/npsstakeholder_outreachpresentation.pdf">www.healthedpartners.org/ceu/nps/npsstakeholder_outreachpresentation.pdf</a></li> <li>• <b>Facilitator feedback form</b> – 2 page form (~5 minutes, <a href="http://www.healthedpartners.org/ceu/nps/npsstakeholder_facilitator-feedback-110510.pdf">www.healthedpartners.org/ceu/nps/npsstakeholder_facilitator-feedback-110510.pdf</a> of original,</li> <li>• <b>Handouts – Questions</b> – Read the question (~5 minutes, <a href="http://www.healthedpartners.org/ceu/nps/npsstakeholder_handoutsquestions.pdf">www.healthedpartners.org/ceu/nps/npsstakeholder_handoutsquestions.pdf</a> of original, <a href="http://www.healthcare.gov/center/councils/nphpphc/stakeholder/questions.pdf">www.healthcare.gov/center/councils/nphpphc/stakeholder/questions.pdf</a> which may not be available)</li> <li>• <b>Handouts Introduction Document</b> – Read the 8 page pdf document (~10 minutes, <a href="http://www.healthedpartners.org/ceu/nps/npsstakeholder_introduction8page.pdf">www.healthedpartners.org/ceu/nps/npsstakeholder_introduction8page.pdf</a></li> <li>• <b>Legislation (SEC. 4001 National Prevention, Health Promotion and Public Health Council</b> – (you this from an assignment in the previous section) read pages 463 - 465 (page numbers are at the top left of each page)) – This is the complete 974 page Patient Protection and Affordable Care Act, 2.6 mb. (~10 minutes not included in this section, <a href="http://docs.house.gov/energycommerce/ppacacon.pdf">http://docs.house.gov/energycommerce/ppacacon.pdf</a>).</li> <li>• <b>First status report</b> ((you this from an assignment in the previous section) ~20 minutes (not included in this section, <a href="http://www.hhs.gov/news/reports/nationalprevention2010report.pdf">www.hhs.gov/news/reports/nationalprevention2010report.pdf</a>)</li> <li>• <b>Public input site</b> (no link provided)</li> </ul> <p>Just FYI – original links to items above were and don't exist now:  <a href="http://www.healthcare.gov/center/councils/nphpphc/stakeholder/nphps_instructions_111610.pdf">www.healthcare.gov/center/councils/nphpphc/stakeholder/nphps_instructions_111610.pdf</a>,  <a href="http://www.healthcare.gov/prevention/nphpphc/stakeholder/outreachpresentation.pdf">www.healthcare.gov/prevention/nphpphc/stakeholder/outreachpresentation.pdf</a>,  <a href="http://www.healthcare.gov/center/councils/nphpphc/stakeholder/facilitator_feedback_110510.pdf">www.healthcare.gov/center/councils/nphpphc/stakeholder/facilitator_feedback_110510.pdf</a>,  <a href="http://www.healthcare.gov/center/councils/nphpphc/stakeholder/introduction.pdf">www.healthcare.gov/center/councils/nphpphc/stakeholder/introduction.pdf</a>.</p>
~2.5 hours	<p><b>National Prevention Strategy</b>  After studying the materials the participant will be able to:</p>

- Provide expert assistance to: 1) identify and analyze factors that foster learning and skill building that enhances and hinders health, 2) assess efficacy of and select a variety of strategies and interventions to achieve objectives, 3) promote collaboration among stakeholders, 4) facilitate partnerships, 5) communicate and advocate for prevention, health promotion and wellness
- Explain the rationale and recommendations of the four strategic direction
- Explain the rationale and recommendations for the seven priorities
- List the economic benefits of preventing disease
- Describe the justification for evidence-based recommendations
- Describe the National Prevention Strategy Indicators

### Study Assignments

- **Fact Sheet** – read the NPS Fact Sheet (~10 min, [www.surgeongeneral.gov/priorities/prevention/strategy/national-prevention-strategy-fact-sheet.pdf](http://www.surgeongeneral.gov/priorities/prevention/strategy/national-prevention-strategy-fact-sheet.pdf))
- **National Prevention Strategy page** – read text on the page (~5 min, [www.surgeongeneral.gov/priorities/prevention/strategy/index.html](http://www.surgeongeneral.gov/priorities/prevention/strategy/index.html))
- **The National Prevention Strategy document - There are two (2) methods you can use to read/study this document through Appendix 6 - all in one document or section by section.** Spend ~5 minutes reviewing the methods below and select one to use or combination you prefer to use. The information in them is the same but presentation to you is different. Each method will take about 1 hour 40 minutes at reading speed of 250 words per minute. Study the first 86 pages (only up to the Appendix 7). does not include the 36 page Appendix 7 End Notes though they are excellent to review for the evidence-based strategy references). There are two ways to do this:
  - **METHOD 1 – National Prevention Strategy: In Full.** This is a 4.66 MB pdf file you can download and read on your computer or print. Read the first 86 pages through Appendix 6 <http://www.surgeongeneral.gov/priorities/prevention/strategy/report.pdf> now and start reading small segments or
  - **METHOD 2 - Section by Section** Click on the link and read text of each page for “Introduction & Overview” through Appendix 6. Each page has the text available in pdf format. The Appendices, however are only pdf. <http://www.surgeongeneral.gov/priorities/prevention/strategy/report.html>
    - **NOTE: KEY DOCUMENTS** for each Strategic Direction and Priority that provide more detailed set of recommendations or offer tools and resources **are not listed** in these sections (see them in the **Full** document)
- **National Prevention Council: Implementing the National Prevention Strategy** (~15 min, [www.surgeongeneral.gov/priorities/prevention/about/strategy.html](http://www.surgeongeneral.gov/priorities/prevention/about/strategy.html))
  - **National Commitments: Accelerating Prevention** ([www.surgeongeneral.gov/priorities/prevention/about/accelerating\\_prevention.html](http://www.surgeongeneral.gov/priorities/prevention/about/accelerating_prevention.html))
  - **National Prevention Council Activities** ([www.surgeongeneral.gov/priorities/prevention/about/council\\_acts.html](http://www.surgeongeneral.gov/priorities/prevention/about/council_acts.html))
    - **Partners: Implementing the National Prevention Strategy.** Click and review text on the page You do not need to follow links on the page for this course. (~10 min, <http://www.surgeongeneral.gov/priorities/prevention/partners/index.html>)

~1.5 hour	<p><b>National Prevention Council</b> After studying the material in this section the participant will be able to:</p> <ul style="list-style-type: none"> <li>• Describe what the Council will pursue, how and why</li> <li>• List the members and their qualifications</li> <li>• Explain what the Council's Action Plan does</li> <li>• Describe what the departments and agencies are doing to make the government a leader in prevention</li> </ul> <p><b>Study Assignments</b></p> <ul style="list-style-type: none"> <li>• <b>Press Release</b> – Read the press release (&lt;5 minutes, <a href="http://wayback.archive-it.org/3926/20140108162222/http://www.hhs.gov/news/press/2011pres/04/20110411a.html">http://wayback.archive-it.org/3926/20140108162222/http://www.hhs.gov/news/press/2011pres/04/20110411a.html</a>)</li> <li>• <b>Council Page</b> - Read the text on the page (~5 minutes <a href="http://www.surgeongeneral.gov/priorities/prevention/about/index.html">www.surgeongeneral.gov/priorities/prevention/about/index.html</a>)</li> <li>• <b>Council members</b> – Review the members, their positions and departments (~5 min, <a href="http://www.surgeongeneral.gov/priorities/prevention/about/npcouncilmembers.html">www.surgeongeneral.gov/priorities/prevention/about/npcouncilmembers.html</a>)</li> <li>• <b>Action Plan page</b> – Read the text of the page (~5 min, <a href="http://www.surgeongeneral.gov/priorities/prevention/about/actionplan.html">www.surgeongeneral.gov/priorities/prevention/about/actionplan.html</a>).</li> <li>• <b>Action Plan document</b> - Read the first nine (9) pages, through “PREVENTION IN ACTION: Department of Defense Launches Groundbreaking Initiative to Improve Nutrition Standards.” (~15 min, <a href="http://www.surgeongeneral.gov/priorities/prevention/2012-npc-action-plan.pdf">www.surgeongeneral.gov/priorities/prevention/2012-npc-action-plan.pdf</a>) <ul style="list-style-type: none"> <li>• After reading above pages, briefly review/scan (~15 minutes) the remainder of the Action Plan to get an understanding of actions other departments and agencies are taking.</li> </ul> </li> <li>• <b>Fact Sheet</b> – read the 2 page fact sheet (!10 min, <a href="http://www.surgeongeneral.gov/priorities/prevention/strategy/npc-action-plan-fact-sheet.pdf">www.surgeongeneral.gov/priorities/prevention/strategy/npc-action-plan-fact-sheet.pdf</a>)</li> <li>• <b>Annual Status Reports page</b> – Read text on the page (~5 min, <a href="http://www.surgeongeneral.gov/priorities/prevention/about/annual_status_reports.html">www.surgeongeneral.gov/priorities/prevention/about/annual_status_reports.html</a>)</li> <li>• <b>2013 Annual Status Report</b> – 1) read through page 19 (~30 min, <a href="http://www.hhs.gov/news/reports/nationalprevention2010report.pdf">www.hhs.gov/news/reports/nationalprevention2010report.pdf</a>) and 2) review/scan the remaining pages which have Appendices A, B and C. (~10 min).</li> </ul>
~0.5 hour	<p><b>Advisory Group</b> After studying the material in this section the participant will be able to:</p> <ul style="list-style-type: none"> <li>• State what the Advisory Group on Prevention, Health Promotion , and Integrative and Public Health will do for the Council</li> <li>• List the members and their qualifications</li> <li>• Describe recent recommendations from the Advisory Group</li> </ul> <p><b>Study Assignments</b></p> <ul style="list-style-type: none"> <li>• <b>Press Release</b> – Read the press release (~5 minutes, <a href="http://wayback.archive-it.org/3926/20140108162141/http://www.hhs.gov/news/press/2011pres/06/20110616a.html">http://wayback.archive-it.org/3926/20140108162141/http://www.hhs.gov/news/press/2011pres/06/20110616a.html</a>)</li> </ul>

	<ul style="list-style-type: none"> <li>• <b>Advisory Group page</b> - Read the text on and review bios of the members on the page (~5 min, <a href="http://www.surgeongeneral.gov/priorities/prevention/advisorygrp/index.html">www.surgeongeneral.gov/priorities/prevention/advisorygrp/index.html</a>)</li> <li>• <b>Group Reports, Recommendations and Charter</b> – read text on the page (~5 min, <a href="http://www.surgeongeneral.gov/priorities/prevention/advisorygrp/advisory-group-reports.html">www.surgeongeneral.gov/priorities/prevention/advisorygrp/advisory-group-reports.html</a>)</li> <li>• <b>Third Report of the Advisory Group on Prevention, Health Promotion, and Public Health</b> – read the 3 page report (~10 min, <a href="http://www.surgeongeneral.gov/priorities/prevention/advisorygrp/a-g-meeting-report-nov-2011.pdf">www.surgeongeneral.gov/priorities/prevention/advisorygrp/a-g-meeting-report-nov-2011.pdf</a>)</li> </ul>
~0.25 hours	<p><b>Resources</b> After studying the material in this section the participant will be able to;</p> <ul style="list-style-type: none"> <li>• List additional resources for available to implement the National Prevention Strategy</li> </ul> <p><b>Study Assignments</b></p> <ul style="list-style-type: none"> <li>• <b>Resources Web page</b> – reread/review text on the page <b>but</b> this time click on <b>and</b> review/scan (become more aware of the <b>following nine resources</b> (~15 minutes, (<a href="http://www.surgeongeneral.gov/priorities/prevention/resources/index.html">www.surgeongeneral.gov/priorities/prevention/resources/index.html</a>))       <ul style="list-style-type: none"> <li>○ <b>Implementation Resources</b> - (<a href="http://www.surgeongeneral.gov/priorities/prevention/resources/index.html#Implementation%20Resources">www.surgeongeneral.gov/priorities/prevention/resources/index.html#Implementation%20Resources</a>)           <ul style="list-style-type: none"> <li>• <b>NPS Implementation Toolkit</b> - (<a href="http://www.astho.org/NPS/Toolkit/">www.astho.org/NPS/Toolkit/</a>)</li> <li>• <b>Resource Center for Evidence-Based Prevention</b> - (<a href="http://ebprevention.org">http://ebprevention.org</a>)</li> <li>• <b>County Health Rankings</b> - (<a href="http://www.countyhealthrankings.org">www.countyhealthrankings.org</a>)</li> <li>• <b>State Health Rankings</b> - (<a href="http://www.americashealthrankings.org/rankings">www.americashealthrankings.org/rankings</a>)</li> <li>• <b>Community Commons</b> - (<a href="http://www.communitycommons.org">www.communitycommons.org</a>)</li> </ul> </li> <li>○ <b>Scientific Resources</b> - (<a href="http://www.surgeongeneral.gov/priorities/prevention/resources/index.html#Scientific%20Resources">www.surgeongeneral.gov/priorities/prevention/resources/index.html#Scientific%20Resources</a>)           <ul style="list-style-type: none"> <li>• <b>The Guide to Community Preventive Services</b> - (<a href="http://www.thecommunityguide.org/index.html">www.thecommunityguide.org/index.html</a>)</li> <li>• <b>The U.S. Preventive Services Task Force (USPSTF)</b> – (<a href="http://www.ahrq.gov/clinic/uspstfix.htm">www.ahrq.gov/clinic/uspstfix.htm</a>)</li> <li>• <b>Healthy People 2020</b> – (<a href="http://www.healthypeople.gov/2020/default.aspx">www.healthypeople.gov/2020/default.aspx</a>)</li> <li>• <b>The Institute of Medicine</b> – (<a href="http://www.iom.edu">www.iom.edu</a>)</li> </ul> </li> </ul> </li> </ul>
~0.5 hours	<p><b>Take test and answer evaluation questions</b> (pdf form)</p> <p>Use <b>Adobe Reader DC</b> to open and take the test. It allows you to see your score as you answer questions. Click on the icon or the link below to get the free program.</p> <div data-bbox="750 1560 1065 1640" data-label="Image"> </div> <p><a href="https://acrobat.adobe.com/us/en/products/pdf-reader.html">https://acrobat.adobe.com/us/en/products/pdf-reader.html</a></p> <p>12-question test: <a href="http://www.healthedpartners.org/ceu/nps/npstest.pdf">www.healthedpartners.org/ceu/nps/npstest.pdf</a></p> <p>Steps for taking the test (6 steps continued on next page):</p>

- |  |   |
|--|---|
|  | <ol style="list-style-type: none"><li>1. <b>Save</b> the test from your browser to your computer or a drive. Remember where it is. Keep for your records and for submission after completing test.</li><li>2. <b>Start Adobe Reader</b></li><li>3. <b>Open</b> the Adobe test form with <b>Adobe Reader DC</b>. <b>NOTE:</b> Be sure you are not using another pdf form reader (test answers may not be visible after saving, the total score may not be calculated for you on the second to last page, and the “Submit” button will not work to send the test data)</li><li>4. <b>Take</b> the test (scroll to page x to see your score, correct answers if desired)</li><li>5. <b>Save</b> the test again to your computer or a drive.</li><li>6. Two ways to <b>email or submit</b> your test (depends on email program)<ol style="list-style-type: none"><li>a. Attach to email to <a href="mailto:ce@healthedpartners.org">ce@healthedpartners.org</a> (best if you use gmail, yahoo, live, comcast, or other internet based email programs)</li><li>b. Or “Submit” button only if you use Microsoft Outlook</li></ol></li></ol> |
|--|---|

# Additional Optional Course Materials and Resources

## **Video - National Prevention and Health Strategy (06/16/2011 Panel)**

YouTube video from the HHS unveiling of the National Prevention Strategy (53 minutes)

<http://www.youtube.com/watch?v=xGP9II238-k&NR=1>

## **PowerPoint - National Prevention, Health Promotion, and Public Health Council—National Prevention and Health Promotion Strategy**

Andrew Rien, CDC's Associate Director for Policy. Delivered this presentation during the annual meeting of the National Association of County and City Health Officials (NACCHO), July 15, 2010.

[http://intranet.cdc.gov/od/adp/resources/NACCHO\\_NPHPPHC\\_rein.pdf](http://intranet.cdc.gov/od/adp/resources/NACCHO_NPHPPHC_rein.pdf)

**Link may not be available to you unless you can access the CDC Intranet.**

## **PowerPoint - Affordable Care Act Opportunities for Local Public Health**

Dr. Thomas Frieden, CDC's Director. Delivered this presentation during the annual meeting of the National Association of County and City Health Officials (NACCHO), July 14, 2010.

[http://intranet.cdc.gov/od/adp/resources/NACCHO\\_townHall\\_frieden.pdf](http://intranet.cdc.gov/od/adp/resources/NACCHO_townHall_frieden.pdf)

**Link may not be available to you unless you can access the CDC Intranet.**