







# Implement Healthy People 2020

Self-study course providing 10.5 hours (Cat 1 CECHs for CHES/MCHES (7 Advanced\*), CPEs for RDs/DTRs)

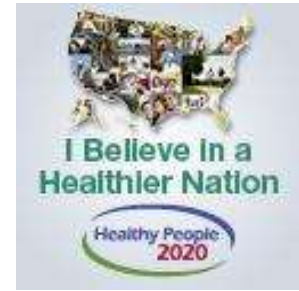
<p><b>General Information</b></p>	<p>Instructor: Jim Grizzell, MBA, MA, MCHES, ACSM-HFS, FACHA          Email: <a href="mailto:jimgrizzell@healthedpartners.org">jimgrizzell@healthedpartners.org</a>          Phone: 909-856-3350 (cell, please call between 9 am - 8 pm PT)          Course Materials: All materials available online. Adobe Reader  is the best pdf reader program to use. With Study Guide opened on a computer, click on and open assignments in your browser. Adobe Reader is needed for the test.</p>
<p><b>Course Description</b></p>	<p>This is a learning experience that will help the participant gain knowledge and build skills to use the extensive amount of resources in Healthy People 2020 to achieve the National Health Promotion and Disease Prevention Objectives for 2020. Previous Healthy People documents listed health goals and objectives. This course covers those plus history, development, data, getting involved; planning and action evidence-based interventions. The course includes a test and evaluation submitted for credit.</p> 
<p><b>Course Goals and Objectives</b></p>	<p>The goal is to help health professionals and partners understand, implement and market Healthy People 2020. These participants will be able to, identify and analyze determinants of health; organize health information, policies and programs; facilitate partnerships, implement, track and evaluate interventions.</p>
<p><b>Course Requirements</b></p>	<p><u>Study Materials:</u> Healthy People 2020 web site and linked web pages and files  <u>20 Question Assessment</u> (passing is ≥70% points, 56 to 80 points)   <u>Course Evaluation</u> (included at the end of the assessment)</p>
<p><b>The entire course will be done electronically using the web and email.</b>          Here are the links to this course's Study Guide and test (use <b>Adobe Reader XI</b> )  <a href="http://www.healthedpartners.org/ceu/implementhp2020/implementhp2020studyguide.pdf">www.healthedpartners.org/ceu/implementhp2020/implementhp2020studyguide.pdf</a>  <b>20-question multiple choice and text response post-course assessment (required)</b>  <a href="http://www.healthedpartners.org/ceu/implementhp2020/implementhp2020test.pdf">www.healthedpartners.org/ceu/implementhp2020/implementhp2020test.pdf</a></p>	
<p><b>Course Completion Certificate*</b></p>	<p>Course completion certificate for 10.5 hours (10.5 CECHs / CPEs for CHES/MCHES (includes 7.0 advanced-level CECHs for MCHES) and 10.5 CPEs for RDs/DTRs) will be awarded if a score of ≥70% is achieved and course evaluation is completed. Payment of fee is required.</p>

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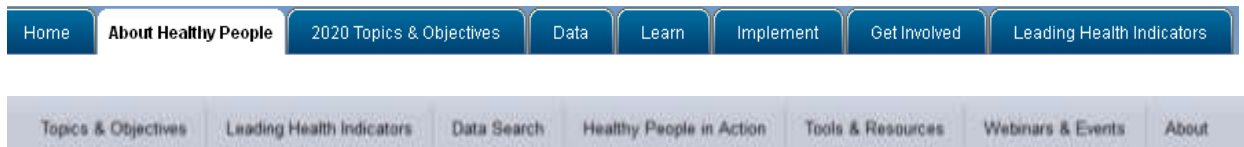
# Introduction

The goal of this course is to help health professionals and people in agencies and organizations understand, implement and market Healthy People 2020. They will be able to be effective users and expert consultants to find and explain tools and resources to achieve the Nation's health goals and objectives. They will have a very solid understanding of what makes us healthy, easily look up health disparities, actively support Healthy People 2020 and, mostly importantly, implement Healthy People 2020.



The course materials are on the Healthy People 2020 web site or linked from it. Links will take you to pages that will tell how Healthy People 2020 was developed from early in 2009 and to pages for useful planning resources.

On October 1, 2014 Healthy People got new look based on user feedback. The course has seven (up from six) major sections which match the tabs on the Healthy People 2020 pages. There are several ways to get to the resources on Healthy People 2020's web page. A primary way will be to follow the tabs at the top of the web page and click on the,. Here are the old and new bars:



Another way to navigate is to use the text with >s below the bar to see where you are and go back to previous pages. They look like this:

[Home](#) > [About Healthy People](#) > [Foundation Health Measures](#) > General Health Status

This example is from the old "About Healthy People" tab. From that page you can get to the four Foundation Health Measures (General Health Status, Health-Related Quality of Life and Well-Being, Determinants of Health, Disparities) as well as from the links on the left "In This Section:" and other pages. In this example you would be at the page where you learn about the measures of health of the U.S. population that will be used throughout the decade. With all the ways to navigate it may seem iterative, repetitious and circular. You may find you've read something already.









You will be asked to read each page and click on and read text from links on those pages. In all there are over 80 information pieces, resources and tools beyond the seven tabbed pages you will be asked to read, study and review. The information on those additional pages may be included in the questions on the test.


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## Two Ways to Find the Study Assignments and Time Estimates

1. Keep this Study Guide opened on your compute to be able to click on the links in the Study Guide.
2. Follow instructions on a printed copy to get to assignments.

Time to complete the course includes two components. 1) Estimated time to read text based on reading speeds of 250 words per minute (wpm) to faster speed at 300 wpm. 2) an additional 10% to 20% of time is allowed for skill development learning to navigate throughout the Healthy People 2020 web site. Each sub-section and sub-sub-section may take 5-, 7-, 12-, 15-minutes or more to navigate to and study.

Estimated Time	Sections, Objectives and Assignments
~0.5 hours	<p><b>Introduction</b></p> <ul style="list-style-type: none"> <li>Review this Study Guide (~30 min)</li> </ul>
<p>~2.5 hours</p> <p>Reminder about estimated study times:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Sub-sections may take ~10 to 90 minutes to study</li> <li><input type="checkbox"/> Within sub-sections additional sub-sections may take ~5 to ~15 minutes to study or practice navigation and search skills</li> </ul>	<div data-bbox="380 464 1409 506" style="background-color: #d3d3d3; padding: 2px; border: 1px solid #ccc;"> <a href="#">Topics &amp; Objectives</a>   <a href="#">Leading Health Indicators</a>   <a href="#">Data Search</a>   <a href="#">Healthy People in Action</a>   <a href="#">Tools &amp; Resources</a>   <a href="#">Webinars &amp; Events</a>   <a href="#">About</a> </div> <p><b>Healthy People 2020 Home Page</b></p> <p>After studying the materials the participant will be able to:</p> <ul style="list-style-type: none"> <li>Explain what is in each of the major headings on the Healthy People 2020 Home page and how they lead to more information, tools and resources</li> <li>Describe the four currently highlighted sections at the top left of the Healthy People 2020 home page. Recent ones include “<b>What makes us healthy?</b>” and “<b>A 2020 Vision for Healthy People</b>”</li> <li>Describe and compare health disparities</li> <li>List what is new for 2020</li> <li>Explain how use HealthyPeople.gov</li> <li>Describe the contents of the Healthy People 2020 brochure</li> </ul> <p><b>Study Assignments</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Four Items at Top of Home Page</b>  (each of the four get changed every few weeks) <a href="http://www.healthypeople.gov">www.healthypeople.gov</a> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Item 1</b>  - click on the heading, text or button (i.e., , , ) and read text on the page you're taken. Note where you are: “Home &gt; name of page &gt; name of page” and just read text on this page. It is not necessary to click on any of the links at that page since you will study those in depth in another section <ul style="list-style-type: none"> <li>Navigate back to <a href="http://www.healthypeople.gov">www.healthypeople.gov</a> home page</li> <li>For each of the items; 2, 3 and 4; follow the same instructions used for Item 1.</li> </ul> </li> <li><input type="checkbox"/> <b>Item 2</b>  – click on the heading, text or button and read text on the page you're taken. Use same instructions as those for Item 1.</li> <li><input type="checkbox"/> <b>Item 3</b>  - click on the heading, text or button and read text on the page you're taken. Use same instructions as those for Item 1.</li> <li><input type="checkbox"/> <b>Item 4</b>  - click on the heading, text or button and read text on the page you're taken. Use same instructions as those for Item 1.</li> </ul> </li> <li><input type="checkbox"/> <b>Data2020 Search:</b> Do a search from this link: <a href="http://www.healthypeople.gov/2020/data-search/Search-the-Data">www.healthypeople.gov/2020/data-search/Search-the-Data</a>. Practice learning what happens when searching for data for your area of interest (i.e., health topic, population, setting, population; NOTE: depending on your computer and internet connection speed it may take a few seconds for page to change) <ul style="list-style-type: none"> <li>Practice “<b>Search HP2020 Objective Data by:</b>” selecting a “<b>Topic Area</b>” or “<b>Data Sources</b>” (center of page), and “<b>Objective Filters</b>” (left column) <ul style="list-style-type: none"> <li>Try selecting one of the “<b>Objective Filters</b>” from the left column to narrow/limit the results shown in the right side of the page</li> <li><b>Example:</b></li> </ul> </li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>• “Adolescent Health” (notice related filters under heading Objective Filters” changes from over 1,200 to ~24)</li> <li>• From “Prevention Areas” (left column) select “Diet &amp; Nutrition” (related objectives change to ~6) <ul style="list-style-type: none"> <li>○ Click on “<b>View Chart</b>” and “<b>View Population Data</b>” buttons. Review data found and be prepared to briefly describe how you might use the results.</li> <li>○ Practice using the “Customize Display” unchecking and check populations</li> </ul> </li> <li>• As of October 1, 2014 the home page has new items. These may change. Study/review each item <ul style="list-style-type: none"> <li>○ <b><u>Tools on HealthyPeople.gov:</u></b> “Stories from the Field and Evidence-Based Resources</li> <li>○ <b><u>Leading Health Indicators: Progress Update</u></b></li> <li>○ <b><u>Infographics</u></b></li> <li>○ <b><u>Federal Prevention Initiatives</u></b></li> <li>○ <b><u>Missed a Healthy People Webinar?</u></b> and More Events</li> </ul> </li> </ul>
<p>~2.0 hours</p> <p>Reminder about estimated study times:</p> <ul style="list-style-type: none"> <li>• <input type="checkbox"/> Sub-sections may take ~10 to 90 minutes to study</li> </ul>	 <p><b>About</b></p> <p>After studying the materials the participant will be able to:</p> <ul style="list-style-type: none"> <li>• Introduce Healthy People 2020 to others</li> <li>• State the vision, mission and goals of Healthy People 2020</li> <li>• Describe the history and development of Healthy People 2020</li> <li>• List what is new for 2020</li> <li>• Explain how to use HealthyPeople.gov</li> <li>• Explain the four sets of foundation health measures that will serve as indicators of progress</li> <li>• Describe the Healthy People 2020 framework</li> </ul> <p><b>Study Assignments</b></p> <ul style="list-style-type: none"> <li>• <b><u>About</u></b> - click on the About link and read the text on the page <ul style="list-style-type: none"> <li>○ <b>Press Release</b> - download and read the press release (pdf file)</li> <li>○ Next (or wait for the instructions at the 3<sup>rd</sup> bullet below) click on and read the four <b>Foundation Health Measures</b> pages.</li> </ul> </li> <li>• <b><u>History &amp; Development</u></b> – click on a read the page <ul style="list-style-type: none"> <li>○ Read the information on each page for the five links under “Learn more about the Healthy People Development Process:” <ul style="list-style-type: none"> <li>• <b>Objective Development and Selection Process</b> <ul style="list-style-type: none"> <li>○ Click on and read the Healthy People 2020 objective selection criteria</li> </ul> </li> <li>• <b>Federal Interagency Workgroup</b> (you don’t need to click on and read the links to public comment or Secretary’s Advisory Committee yet)</li> <li>• <b>Lead Federal Agencies</b> - (unless you want to don’t click on and read the full list of Workgroup Coordinators)</li> <li>• <b>Public Comment</b> – <b>do click</b> on the <b>public comments</b> link. Study/review text and links from this page. <ul style="list-style-type: none"> <li>○ <b>NOTE:</b> Prior to October 2014 “Review Past Healthy People 2020 Comments” was available. It had five web pages linked from this page (unless you want to do not click on and read links from these pages) It is available at</li> </ul> </li> </ul> </li> </ul> </li> </ul>

- □ Within sub-sections additional sub-sections may take ~5 to ~15 minutes to study or practice navigation and search skills

<http://www.healthypeople.gov/2010/hp2020/comments/SubjectFocus.aspx>

- Proposed Healthy People 2020 Objectives

For the next five items you will need to click on the buttons on the bar. Each has a java script which changes the text below the bar



- Vision, Mission, Overarching Goals
- Conceptual Approach/Organizing Framework
- Users and Implementation
- Other Issues/General Comments
- 2010 Focus Areas and Objectives
- **Secretary’s Advisory Committee** – read the page’s text and click on and “Read the Committee’s Phase I and Phase II Reports” (five reports) and described below These are excellent background documents, are “**must reads**” for this course and for which there are test questions. FOR THIS COURSE: You **do not need** to read the learn more about the members (1 page), or agendas and minutes (many pages) – though knowing the members would be good for know the expertise of them.
  - **Phase 1 “Executive Summary”**  
[www.healthypeople.gov/2010/hp2020/advisory/phasei/default.htm](http://www.healthypeople.gov/2010/hp2020/advisory/phasei/default.htm). Read <http://www.healthypeople.gov/2010/hp2020/advisory/phasei/summary.htm> through the last paragraph, “**Next Steps**” (only 9 pages long of the pdf file, you could download [http://www.healthypeople.gov/sites/default/files/Phase1\\_0.pdf](http://www.healthypeople.gov/sites/default/files/Phase1_0.pdf) the entire 92 page pdf Phase 1 report which includes the Executive Summary). Give extra attention to the section, **Overarching Goals of Healthy People 2020** and **Exhibit A**, the graphic, and its description. This contributed significantly to the use of the ecological approach to address the determinants of health in Healthy People 2020.



- **Phase II Reports** (the 2<sup>nd</sup> of the two has the pdf link)
  - **Evidence-Based Clinical and Public Health** (32 pages – these are in a archive site so you may be redirected automatically)  
<http://www.healthypeople.gov/2010/redirect.aspx?url=/2010/hp2020/advisory/evidencebasedclinicalph2010.htm> (html)

	<p>or  <a href="http://www.healthypeople.gov/sites/default/files/EvidenceBasedClinicalPH2010.pdf">http://www.healthypeople.gov/sites/default/files/EvidenceBasedClinicalPH2010.pdf</a> (32 page pdf)</p> <ul style="list-style-type: none"> <li>○ <b>Recommendations on Action Steps and Evidence for Healthy People 2020</b> (2 pages)  <a href="http://www.healthypeople.gov/2010/hp2020/advisory/ASERrecommendations2010.htm">http://www.healthypeople.gov/2010/hp2020/advisory/ASERrecommendations2010.htm</a> or pdf  <a href="http://www.healthypeople.gov/2010/hp2020/advisory/pdfs/ASERrecommendations2010.pdf">http://www.healthypeople.gov/2010/hp2020/advisory/pdfs/ASERrecommendations2010.pdf</a></li> <li>○ <b>Recommendations for Implementing Healthy People 2020</b> (7 pages)  <a href="http://www.healthypeople.gov/2010/hp2020/advisory/FACA_ImplemRecommendations.htm">http://www.healthypeople.gov/2010/hp2020/advisory/FACA_ImplemRecommendations.htm</a> or pdf  <a href="http://www.healthypeople.gov/2010/hp2020/advisory/pdfs/FACAImplementationRecommendations.pdf">http://www.healthypeople.gov/2010/hp2020/advisory/pdfs/FACAImplementationRecommendations.pdf</a></li> <li>○ <b>Healthy People 2020: An Opportunity to Address Societal Determinants of Health</b> (16 pages)  <a href="http://www.healthypeople.gov/2010/hp2020/advisory/SocietalDeterminantsHealth.htm">http://www.healthypeople.gov/2010/hp2020/advisory/SocietalDeterminantsHealth.htm</a> or pdf  <a href="http://www.healthypeople.gov/2010/hp2020/advisory/pdfs/SocietalDeterminantsHealth.pdf">http://www.healthypeople.gov/2010/hp2020/advisory/pdfs/SocietalDeterminantsHealth.pdf</a></li> <li>● <b>Healthy People 2020 Framework</b>  <a href="http://www.healthedpartners.org/ceu/implementhp2020/frameworkrkhp2020.pdf">http://www.healthedpartners.org/ceu/implementhp2020/frameworkrkhp2020.pdf</a> - (this no longer available at the Healthy People 2020 web site) and was at the bottom of the History and Development page.</li> </ul> <ul style="list-style-type: none"> <li>● <b>What's New for 2020</b> –read text on this page. You do not need to read material that is linked from it. <ul style="list-style-type: none"> <li>● <b>Foundation Health Measures</b>  <a href="http://www.healthypeople.gov/2020/about/Foundation-Health-Measures">http://www.healthypeople.gov/2020/about/Foundation-Health-Measures</a>  From the “In This Section:” click on and read the web page <ul style="list-style-type: none"> <li>○ Click on and read each of the four “Learn more about . . . .” web pages for <ul style="list-style-type: none"> <li>● General Health Status  <a href="http://www.healthypeople.gov/2020/about/foundation-health-measures/General-Health-Status">http://www.healthypeople.gov/2020/about/foundation-health-measures/General-Health-Status</a></li> <li>● Health-Related Quality of Life and Well-Being  <a href="http://www.healthypeople.gov/2020/about/foundation-health-measures/Health-Related-Quality-of-Life-and-Well-Being">http://www.healthypeople.gov/2020/about/foundation-health-measures/Health-Related-Quality-of-Life-and-Well-Being</a></li> <li>● Determinants of Health and Disparities  <a href="http://www.healthypeople.gov/2020/about/foundation-health-measures/Determinants-of-Health">http://www.healthypeople.gov/2020/about/foundation-health-measures/Determinants-of-Health</a></li> <li>● Disparities <a href="http://www.healthypeople.gov/2020/about/foundation-health-measures/Disparities">http://www.healthypeople.gov/2020/about/foundation-health-measures/Disparities</a></li> </ul> </li> </ul> </li> <li>● <b>How To Use HealthPeople.gov</b>  <a href="http://www.healthypeople.gov/2020/about/How-To-Use-HealthyPeople.gov">http://www.healthypeople.gov/2020/about/How-To-Use-HealthyPeople.gov</a> -  From the “In This Section:” click on and read the page</li> </ul> </li> </ul>
~1.0 hour	<div style="background-color: #f0f0f0; padding: 5px; border: 1px solid #ccc; display: flex; justify-content: space-between; font-size: small;"> <span>Topics &amp; Objectives</span> <span>Leading Health Indicators</span> <span>Data Search</span> <span>Healthy People in Action</span> <span>Tools &amp; Resources</span> <span>Webinars &amp; Events</span> <span>About</span> </div> <p><b>Topics &amp; Objectives</b></p>



After studying the material in this section the participant will be able to:

- Describe the Overview, Objectives and Interventions & Resources for at least two (2) Topic Areas

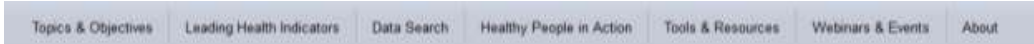
**Study Assignments**

- **Topic Areas** <http://www.healthypeople.gov/2020/topicsobjectives2020/default> - Select **two** which interest you and/or relate to your work and read text at each tab

1 <sup>st</sup> Topic Area _____	2 <sup>nd</sup> Topic Area _____
• Overview	• Overview
• Objectives	• Objectives
• Interventions & Resources	• Interventions & Resources

- **NOTE:** Not required for the course is reading text from links to additional information on the Overview, Objectives and Intervention & Resources pages

~0.5 hours



**Data and Learn**

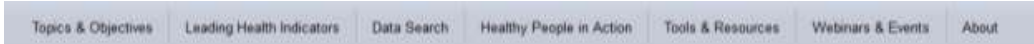
After studying the material in this section the participant will be able to:

- Describe where and how to search the data, the data and data sources
- Describe learning opportunities provided by Healthy People 2020

**Study Assignments**

- **How to use DATA2020** <http://www.healthypeople.gov/2020/How-to-Use-DATA2020> - read text on the page
- **Search the Data** <http://www.healthypeople.gov/2020/data-search/Search-the-Data>
- **About the Data** <http://www.healthypeople.gov/2020/data-search/About-the-Data>
- **Data Sources** <http://www.healthypeople.gov/2020/data-search/Data-Sources> - Click on and read text on each item
- **Healthy People eLearning** <http://www.healthypeople.gov/2020/tools-and-resources/Healthy-People-eLearning> – click on and read the page

~2.5 hours



**Tools & Resources**

After studying the material in this section the participant will be able to:


- Describe the Healthy People 2020 Evidence-Based Resource Tool
- Describe MAP-IT and components: Mobilize, Assess, Plan, Implement and Track
- Describe Planning Resources: Health Impact Assessment, Healthy Communities, Dept of Health and Human Services, and State Healthy People Plans
- Explain how you can make the case for funding and how to learn about and search for grants

**Study Assignments**

- **Evidence-Based Resources** <http://www.healthypeople.gov/2020/tools-resources/Evidence-Based-Resources> - review the items that can be used for searching the database.

- **Program Planning** <http://www.healthypeople.gov/2020/tools-and-resources/Program-Planning> - Click on and read the text on each page
  - **Mobilize** <http://www.healthypeople.gov/2020/tools-and-resources/program-planning/Mobilize> – click on the words/icon and read the text on the page. Spend about 15 minutes reviewing, studying or reading some of the links on the right and bottom of this page. There are two Healthy People 2020 Tools on the right and eight links under “Resources to Help You Mobilize. *Select one or two tools to review and be prepared to briefly name and describe them on the course’s test*
  - **Assess** <http://www.healthypeople.gov/2020/tools-and-resources/program-planning/Assess> - click on the words/icon and read the text on the page. Spend about 15 minutes reviewing, studying or reading some of the links on the right and bottom of this page. There are two Healthy People 2020 Tools on the right and five links under “Other Resources.” *Select one or two tools to review and be prepared to briefly name and describe them on the course’s test*
  - **Plan** <http://www.healthypeople.gov/2020/tools-and-resources/program-planning/Plan> - click on the words/icon and read the text on the page. Spend about 15 minutes reviewing, studying or reading some of the links on the right and bottom of this page. There are three Healthy People 2020 Tools on the right and eight links under “Other Resources.” *Select one or two tools to review and be prepared to briefly name and describe them on the course’s test*
  - **Implement** <http://www.healthypeople.gov/2020/tools-and-resources/program-planning/Implement> - click on the words/icon and read the text on the page. Spend about 15 minutes reviewing, studying or reading some of the links on the right and bottom of this page. There are two Healthy People 2020 Tools on the right and 10 links under “Other Resources.” *Select one or two tools to review and be prepared to briefly name and describe them on the course’s test*
  - **Track** <http://www.healthypeople.gov/2020/tools-and-resources/program-planning/Track> - click on the words/icon and read the text on the page. Spend about 15 minutes reviewing, studying or reading some of the links on the right and bottom of this page. There is one Healthy People 2020 Tool on the right and six links under “Other Resources.” *Select one or two tools to review and be prepared to briefly name and describe them on the course’s test*
- **Tools for Professionals** <http://www.healthypeople.gov/2020/tools-and-resources/Tools-for-Professionals> – click on and read the following linked pages
  - **CDC’s Health Impact Assessment (HIA)**  
<http://www.cdc.gov/healthyplaces/hia.htm> - (Note: there is another continuing education self-study available on HIA at [www.healthedpartners.org/ceu/hia](http://www.healthedpartners.org/ceu/hia))
  - **CDC’s Healthy Communities Program**  
[www.cdc.gov/nccdphp/dch/programs/healthycommunitiesprogram/tools](http://www.cdc.gov/nccdphp/dch/programs/healthycommunitiesprogram/tools)  
Two study tasks (be prepared to very briefly describe what you searched for and learned):
    - 1) do one search/browse of the CDC Community Health Resources Database by key word, Topic Area or Resource Type and
    - 2) read the text about each of the **Action Guides** (scroll half way down page). Be prepared to describe what you searched for and learned.



	<ul style="list-style-type: none"> <li>○ <b>State Plans</b> <a href="http://www.healthypeople.gov/2020/healthy-people-in-action/State-and-Territorial-Healthy-People-Plans">http://www.healthypeople.gov/2020/healthy-people-in-action/State-and-Territorial-Healthy-People-Plans</a> – Look at the list and be able to describe the one for your State</li> <li>● <b>MAP-IT at Work</b> <a href="http://www.healthypeople.gov/2020/tools-and-resources/program-planning/Mobilize">http://www.healthypeople.gov/2020/tools-and-resources/program-planning/Mobilize</a> – at lower left of each MAP-IT page. Select one of the three (school board, workplace or county) and read the example</li> </ul>
~0.5 hours	<div style="border: 1px solid #ccc; padding: 5px; margin-bottom: 10px;"> <span style="float: left; margin-right: 10px;">Topics &amp; Objectives</span> <span style="float: left; margin-right: 10px;">Leading Health Indicators</span> <span style="float: left; margin-right: 10px;">Data Search</span> <span style="float: left; margin-right: 10px;">Healthy People in Action</span> <span style="float: left; margin-right: 10px;">Tools &amp; Resources</span> <span style="float: left; margin-right: 10px;">Webinars &amp; Events</span> <span style="float: left;">About</span> </div> <p><b>Healthy People in Action</b>  After studying the material in this section the participant will be able to;</p> <ul style="list-style-type: none"> <li>● Explain methods to stay connected with and promote Healthy People 2020</li> <li>● Sign up (if you choose to) for one of more of the connection methods</li> </ul> <p><b>Study Assignments</b></p> <ul style="list-style-type: none"> <li>● <b>Stories from the Field</b> <a href="http://www.healthypeople.gov/2020/healthy-people-in-action/Stories-from-the-Field">http://www.healthypeople.gov/2020/healthy-people-in-action/Stories-from-the-Field</a> - read text on the page</li> <li>● <b>Join the Consortium</b> <a href="http://www.healthypeople.gov/2020/healthy-people-in-action/healthy-people-2020-consortium/Join-the-Consortium">http://www.healthypeople.gov/2020/healthy-people-in-action/healthy-people-2020-consortium/Join-the-Consortium</a> - read text on the page. <ul style="list-style-type: none"> <li>▪ <b>Consortium Organizations</b> <a href="http://www.healthypeople.gov/2020/healthy-people-in-action/Consortium-Organizations">http://www.healthypeople.gov/2020/healthy-people-in-action/Consortium-Organizations</a> - check to see if an organization of which you're a member is a Partner organization</li> <li>▪ <b>Consortium PowerPoint</b> – review to determine how you might use this for a target audience.  <a href="http://www.healthedpartners.org/ceu/implementhp2020/HealthyPeoplePresentation_2_24_11.ppt">www.healthedpartners.org/ceu/implementhp2020/HealthyPeoplePresentation_2_24_11.ppt</a></li> </ul> </li> <li>● <b>State Coordinators</b> <a href="http://www.healthypeople.gov/2020/healthy-people-in-action/State-and-Territory-Coordinators">http://www.healthypeople.gov/2020/healthy-people-in-action/State-and-Territory-Coordinators</a> - <i>review</i> text on the page</li> <li>● <b>Upcoming Events</b> <a href="http://www.healthypeople.gov/2020/webinars-events">http://www.healthypeople.gov/2020/webinars-events</a> - <i>review</i> the page</li> <li>● <b>Stay Connected</b> <a href="http://www.healthypeople.gov/2020/healthy-people-in-action/Stay-Connected-with-Healthy-People">http://www.healthypeople.gov/2020/healthy-people-in-action/Stay-Connected-with-Healthy-People</a> - <i>review</i> the page</li> </ul>
~0.5 hour	<p><b>Take test and answer evaluation questions</b> (Adobe pdf form)</p> <p>Use <b>Adobe Reader XI</b> to open and take the test. It allows you to see your score as you answer questions. Click on the icon or the link below to get the free program.</p> <div style="text-align: center;">  </div> <p style="text-align: center;"><a href="http://www.adobe.com/products/reader.html">http://www.adobe.com/products/reader.html</a></p> <p><b>Test:</b> <a href="http://www.healthedpartners.org/ceu/implementhp2020/implementhp2020test.pdf">www.healthedpartners.org/ceu/implementhp2020/implementhp2020test.pdf</a></p> <p>Steps for taking the test:</p> <ol style="list-style-type: none"> <li>1. <b>Save</b> the test from your browser to your computer or a drive. Remember where it is. Keep for your records and for submission after completing test.</li> <li>2. <b>Start Adobe Reader XI</b></li> </ol>

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|  | <ol style="list-style-type: none"><li>3. <b>Open</b> the Adobe test form with <b>Adobe Reader XI</b>. <b>NOTE:</b> Be sure you are not using another pdf form reader (test answers may not be visible after saving, the “Submit” button will not work to send the test data)</li><li>4. <b>Take</b> the test (scroll to page x to see your score, correct answers if desired)</li><li>5. <b>Save</b> the test again to your computer or a drive.</li><li>6. Two ways to <b>email or submit</b> your test (depends on email program)<ol style="list-style-type: none"><li>a. Attach to email to <a href="mailto:ce@healthedpartners.org">ce@healthedpartners.org</a> (best if you use gmail, yahoo, live, comcast, or other internet based email programs)</li><li>b. Or “Submit” button only if you use Microsoft Outlook</li></ol></li></ol> |
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# Alternative “Site Map” Method of Study

**NOTE: This has not been completely updated since the latest and major update of Healthy People 2020’s web page. It may be useful to see how the original HP2020 site was organized.**

Click on the text for each item from the Healthy People 2020 “[Site Map](#)” which has its link at the bottom of each Healthy People 2020 web page. Major headings do have the actual link next to them.

When studying the Topic Areas for the purposes of this course select two of your choice based on your interest or the setting in which you work. You will be asked on the test to brief describe what you studied and how you might apply the information for those topic areas. You might use the boxes to the left of each item to check off as you complete reading and studying that item.

- [Home](#) – [www.healthypeople.gov](http://www.healthypeople.gov)
- [Contact Us](#) - <http://healthypeople.gov/2020/contact.aspx>
- [About](#) - <http://healthypeople.gov/2020/about/default.aspx>
  - [History & Development of Healthy People](#)
    - [Objective Development and Selection Process](#)
    - [Federal Interagency Workgroup](#)
    - [Lead Federal Agencies](#)
    - [Healthy People 2020 Workgroup Coordinators](#)
    - [Public Comment](#)
    - [Secretary's Advisory Committee](#)
    - [Advisory Members](#)
    - [Reports](#)
    - [Prior Meetings](#)
  - [What's New for 2020](#)
  - [Foundation Health Measures](#)
    - [General Health Status](#)
    - [Health-Related Quality of Life and Well-Being](#)
    - [Determinants of Health](#)
    - [Disparities](#)
  - [How To Use HealthyPeople.gov](#)
  - [About the Data](#)
  - [HHS Prevention Strategies](#)
- [2020 Topics & Objectives](#) - <http://healthypeople.gov/2020/topicsobjectives2020/default.aspx>
  - [Access to Health Services](#)
  - [Adolescent Health](#)
  - [Arthritis, Osteoporosis, and Chronic Back Conditions](#)
  - [Blood Disorders and Blood Safety](#)
  - [Cancer](#)
  - [Chronic Kidney Disease](#)
  - [Dementias, Including Alzheimer's Disease](#)

- [Diabetes](#)
- [Disability and Health](#)
- [Early and Middle School](#)
- [Educational and Community-Based Programs](#)
- [Environmental Health](#)
- [Family Planning](#)
- [Food Safety](#)
- [Genomics](#)
- [Global Health](#)
- [Health Communication and Health Information Technology](#)
- [Healthcare-Associated Infections](#)
- [Health-Related Quality of Life and Well-Being](#)
- [Hearing and Other Sensory or Communication Disorders](#)
- [Heart Disease and Stroke](#)
- [HIV](#)
- [Immunization and Infectious Diseases](#)
- [Injury and Violence Prevention](#)
- [Lesbian, Gay, Bisexual and Transgender Health](#)
- [Maternal, Infant, and Child Health](#)
- [Medical Product Safety](#)
- [Mental Health and Mental Disorders](#)
- [Nutrition and Weight Status](#)
- [Occupational Safety and Health](#)
- [Older Adults](#)
- [Oral Health](#)
- [Physical Activity](#)
- [Preparedness](#)
- [Public Health Infrastructure](#)
- [Respiratory Disease](#)
- [Sexually Transmitted Diseases](#)
- [Sleep Health](#)
- [Social Determinants of Health](#)
- [Substance Abuse](#)
- [Tobacco Use](#)
- [Vision](#)
  
- Data** - <http://healthypeople.gov/2020/data/default.aspx>
  - [Search the Data](#)
  - [About the Data](#)
  - [Data Sources](#)
  
- Learn** - <http://healthypeople.gov/2020/Learn/default.aspx>
  - [Webinars & Events](#)
  - [Webinars & Events Archive](#)
  
- Implement** - <http://healthypeople.gov/2020/implement/default.aspx>
  - [Evidence-Based Resources](#)

- [MAP-IT](#)
  - [Mobilize](#)
  - [Assess](#)
  - [Plan](#)
  - [Implement](#)
  - [Track](#)
- [Planning Resources](#)
- [Funding Resources](#)
- [State-Specific Healthy People 2010 Plans](#)
- [Implementation Examples: MAP-IT at Work - In the community: A local school board addresses underage drinking](#)
- [Implementation Examples: MAP-IT at Work - In the workplace: Employees organize to improve workplace wellness](#)
- [Implementation Examples: MAP-IT at Work - In the community: A county health department addresses lead poisoning](#)
- [Get Involved](#) - <http://healthypeople.gov/2020/GetInvolved/default.aspx>
  - [Healthy People 2020 Consortium](#)
    - [Consortium Organizations](#)
    - [Consortium Toolkit](#)
    - [State Coordinators](#)
  - [Upcoming Events](#)
  - [Stay Connected](#)
  - [Web Badges](#)
- [Leading Health Indicators](#) - <http://healthypeople.gov/2020/LHI/default.aspx>
  - [Development and Framework](#)
  - [Who's Leading the Leading Health Indicators?](#)
  - [2020 LHI Topics](#)
    - [Access to Health Services](#)
    - [Clinical Preventive Services](#)
    - [Environmental Quality](#)
    - [Injury and Violence](#)
    - [Maternal, Infant, and Child Health](#)
    - [Mental Health](#)
    - [Nutrition, Physical Activity, and Obesity](#)
    - [Oral Health](#)
    - [Reproductive and Sexual Health](#)
    - [Social Determinants](#)
    - [Substance Abuse](#)
    - [Tobacco](#)

# Additional Optional Course Materials and Resources

## Bibliography and References

### Phase II Healthy People 2020 Advisory Committee Webinar/Calls and Meetings

This link has all the agendas, slide presentations, reports for meetings since February 2009.

<http://www.csupomona.edu/~jvgrizzell/hc2020/hp2020accallsmeeting.htm>

As an example the following shows the files available for the April 2010 meeting.

### April 2010

- [Agenda](#) (pdf)
- [Meeting Slides](#) (15 slides, pdf)
- [Webinar](#) (view and listen to the 2 hour meeting call online)
- Healthy People's Connection to Health Reform
  - [Health Promotion Opportunities from Health Reform](#) (4 pages, pdf)
  - [HR3590 Title IV](#) (9 pages, pdf)
- [How HHS can Shape Healthy People to Prompt Action on Social and Environmental Determinants of Health](#) (5 pages, pdf)
- [Recommendations for Priority Setting](#) (8 pages .pdf)
- [Recommendations from Subcommittee on Strategic Communications on Communication and Implementation of HP2020](#) (1 page, pdf)
- [Communicating about HP2020 with Key Audiences](#) (4 page table, pdf)
- HP2010 User Assessment
  - [Use Study One-page Summary](#) (pdf)
  - [User Study Presentation](#) (14 slides, pdf)

### Healthy People 2020 Webinar

Sponsored by IDWellness and HP Career Net on Oct 2, 2009

- Webinar
  - <http://vimeo.com/6886306>
- PowerPoint Slides
  - [www.healthedpartners.org/hc2020/hp2020webinarwnotes.pdf](http://www.healthedpartners.org/hc2020/hp2020webinarwnotes.pdf)

